



Get ready for 14 days of island hopping, dreamy beaches and unforgettable moments as we explore some of the most beautiful spots Thailand has to offer – your dream island hopping trip is here! Start your journey in the heart of Bangkok, a city buzzing with energy and culture. Then trade city lights for island vibes as you make your way to Phuket, stopping at some of Thailand’s most incredible islands. Think ancient temples, colourful coral reefs, panoramic views, and a culture so rich, you’ll feel completely immersed. Every day brings something new, with tropical adventures, laid-back days, and nights that turn into stories you’ll tell for years – all with a whole new group of friends! You’ll head home with a full heart, incredible memories, and of course, some epic insta shots.

BANGKOK → PHUKET

Transport:	Overnight Train, Minibus, Tuk Tuk & Ferry.
Meals:	9B, 3L, 2D
Group size:	4 - 20
Age Range:	18 - 39

HIGHLIGHTS

- Cruise through Bangkok’s winding waterways and take in the charm of its sacred temples.
- Uncover the magic of five stunning Thai islands, from lush landscapes to colourful underwater worlds.
- Feel the rhythm of island life as you party on lively streets, golden shores, and at buzzing beach clubs.
- Snorkel alongside tropical sea creatures in Koh Tao, catch golden hour on Koh Phangan, and unwind into the chilled-out vibe of Koh Samui.
- Take in the epic scenery of Krabi’s dramatic limestone cliffs and bask in the beauty of Phi Phi’s world-famous Maya Bay.

INCLUSIONS

- ✓ Airport Pickup To Our Accom 24/7
- ✓ 13 Nights Accommodation
- ✓ 14 Meals
- ✓ All Transport
- ✓ Awesome Group Leader
- ✓ Bangkok River Cruise
- ✓ Visit Ancient Temples
- ✓ Koh Samui Island Tour
- ✓ Koh Phangan Beaches
- ✓ Muay Thai Experience
- ✓ Yoga
- ✓ Koh Tao Boat Trip & Snorkelling
- ✓ Koh Nang Yuan Island
- ✓ Railay Beach Boat Tour
- ✓ Kayaking
- ✓ Phi Phi Islands
- ✓ Phi Phi Viewpoint
- ✓ Maya Bay Experience
- ✓ Phuket Beach Club
- ✓ Help with Onward Travel

NOT INCLUDED:

Flights, travel insurance, visas & some meals



ITINERARY & IMPORTANT INFO

DAY 1 - ARRIVE IN BANGKOK

• **BANGKOK** When you land in Bangkok after your long flight we'll be at the airport to meet you and take you to the accommodation. You'll have plenty of time to recover from your flight, chill out and meet everyone in your group.

DAY 2 - CANALS, TEMPLES & TUK TUKS

• **BANGKOK** Today we dive into the heart of Bangkok. Glide along the historic klongs (canals), explore glittering temples, and weave through the city in a tuk tuk for a true local experience. As evening falls, we'll hop aboard our overnight train south - cozy bunks and dreams of island life await.

DAY 3 - HELLO, ISLAND LIFE

• **KOH SAMUI** Welcome to paradise. After a scenic ferry ride, we land in Koh Samui - where palm trees sway and island time begins. Spend the afternoon by the pool or oceanfront, cocktail in hand. Tonight, we visit Fisherman's Village for street food, seaside views, and an unforgettable fire show.

DAY 4 - DISCOVER KOH SAMUI

• **KOH SAMUI** Wake up surrounded by tropical beauty. Today we explore what makes Koh Samui so magical - sweeping viewpoints, sacred temples, and secret shores. Bring your camera and your good vibes, this day's packed with postcard moments!

DAY 5 - KOH PHANGAN

• **KOH PHANGAN** Ready to explore your next island? Just a short trip away lies Koh Phangan, famous for its legendary full moon parties. Once we've settled into our beachfront accom, the afternoon is yours with time for some beach volleyball or paddle boarding, or go full zen mode and chill under the swaying palms. In the evening, we'll head over to the island's west coast to kick back and take in a breathtaking sunset.

DAY 6 - MUAY THAI MOVES

• **KOH PHANGAN** Today is all about energy and good vibes. This morning, step into the ring and learn the powerful art of Muay Thai with a hands-on class led by local pros. Then, wind things down in the afternoon with a calming yoga session to stretch it out and reset. As night falls, we'll trade mats and gloves for glow as we hit the beach for a night of dancing, epic tunes, and sandy toes.

DAY 7 - SNORKEL PARADISE

• **KOH TAO** Time to slow the pace. We arrive in stunning Koh Tao - known for its calm vibes and clear waters. Whether you spend the day poolside or oceanside, it's all about recharging in island style.

DAY 8 - KOH NANG YUAN

• **KOH TAO** Take this morning at your own pace. Want to try scuba diving* for the first time? This is the place! In the afternoon, we set out on a snorkelling adventure around vibrant coral reefs and explore the dreamy Koh Nang Yuan, known for its iconic sandbar and scenic viewpoint.

*Scuba Diving is an optional extra, both experienced divers and complete beginners have time to dive this morning.

DAY 9 - TRAVEL TO KRABI

• **KRABI** Today we're headed west, as we trade Thailand's eastern shores for the Andaman Sea - Krabi here we come! Get ready for dramatic limestone cliffs, lush jungle backdrops, and a new home base in lively Ao Nang - full of beaches, shops, and buzzing nightlife.

DAY 10 - RAILAY BEACH

• **KRABI** Today we set sail on a private boat to the famous Railay Beach, only accessible by water. Swim, snorkel, and soak in the sun. The afternoon's yours to explore more of Krabi or kick back in paradise.

DAY 11 - MIRROR LAKE KAYAK

• **KOH PHI PHI** Before we say goodbye to Krabi, we'll kayak through the peaceful mangroves at Mirror Lake, surrounded by lush jungle and towering cliffs. This afternoon, we ferry to our final island stop - the stunning Koh Phi Phi, followed by a hike to an iconic sunset viewpoint.

DAY 12 - MAYA BAY BOAT TRIP

• **KOH PHI PHI** We're headed to Phi Phi Leh and the iconic Maya Bay*, known for its feature in 'The Beach'. Snorkelling, kayaking, and even a glowing underwater light show await. We'll wrap it all up with a dreamy dinner and drinks under the stars.

*There is a possibility we may not be able to enter right into Maya Bay at certain times of year due to government closures,

DAY 13 - PHUKET & BEACH CLUBS

• **PHUKET** Our last stop is Phuket - but our adventure's not over yet. We'll celebrate in style at a beach club, with one last sunset, a few final cocktails, and all the good vibes from two incredible weeks together. Cheers to a new travel fam and lifelong memories!

DAY 14 - DEPART PHUKET OR EXTEND YOUR STAY

• **PHUKET** Your epic 14 day adventure comes to an end today! Your group leader will help you with your onward travel.



ARRIVAL INFORMATION

It's best to arrive on the actual start date, as that's when most people get in. While there are no activities on the first day, the group usually meets up for dinner around 7pm. If you do arrive early, we'll still pick you up from the airport if you're staying at our accommodation. You can book and pay for extra nights accommodation in the [Manage My Booking](#) area.

It's also recommended to have onward travel booked out of Thailand before travelling there, as you may get asked for proof of this before boarding your flight to Thailand.

AFTER THAI ISLAND EXPLORER

Your trip finishes in Phuket. If you're staying on longer in Thailand, your group leader will help organise any of your onward travel.

If you need to go back to Bangkok, the quickest option is to fly.

Your group leader will help with any other local transport and ensure you're comfortable with all parts of your trip and onward travel.

VISAS

Most nationalities including the UK, Europe, Australia, NZ, Canada, USD, Scandinavia and Brazil will usually receive a 30-day visa exemption on arrival for free. If you would like a longer tourist visa or are not eligible for the visa exemption you can apply for a visa at your nearest Thai consulate prior to entering Thailand.

TRAVEL INSURANCE

Travel insurance for Thailand is compulsory to join Thai Island Explorer. Your group leader will ask to see proof of your cover before your trip begins. You can organise travel insurance [here](#).



ACCOM GUIDE

BANGKOK - RAMBUTTRI VILLAGE

1 NIGHT

In the heart of the traveller district of Khao San Rd.

Twin/Double Rooms

Ensuite, WiFi & Air Con

Rooftop Pool



BANGKOK

OVERNIGHT TRAIN

1 NIGHT

A comfy bed and great journey.

Multishare Cabin with Air Con

Toilet Onboard

Fresh Linen & Pillow



OVERNIGHT TRAIN

KOH SAMUI - LUB D CHAWENG

2 NIGHTS

A gorgeous hostel right on the beachfront!

Twin/Double Rooms

Ensuite, WiFi, Air Con & Laundry

2 Pools, Bar & Restaurant



KOH SAMUI

KOH PHANGAN - MAC'S BAY RESORT

2 NIGHTS

Resort situated right on the beach!

Twin/Double/Quad Rooms

Ensuite, WiFi, Air Con & Laundry

Pool with a view, Bar & Restaurant



KOH PHANGAN

KOH TAO - SIMPLE LIFE RESORT

2 NIGHTS

An island resort you've only dreamt of.

Twin/Double Rooms

Ensuite, WiFi, Air Con & Laundry

Outdoor Pool & Bar



KOH TAO

KRABI - COSI AO NANG

2 NIGHTS

Views of the Krabi cliffs? Yes Please.

Twin/Double Rooms

WiFi, Air Con & Laundry

Pool & Fitness Centre



KRABI

PHI PHI - ANDAMAN BEACH RESORT

2 NIGHTS

Located along the beautiful beaches of Phi Phi.

Twin/Double/Triple Rooms

Ensuite, WiFi & Laundry

Pool, Bar & Restaurant



PHI PHI

PHUKET - SAWADDI PATONG

1 NIGHT

Right in the heart of Patong Beach.

Twin/Double/Triple Rooms

Ensuite, WiFi & Laundry

2 Pools, Fitness Centre, Bar & 2 Restaurants



PHUKET

IMPORTANT NOTE



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.

#SMALLCHANGE

SUSTAINABLE TRAVEL



PROTECTING THE
ENVIRONMENT



SUPPORTING LOCAL
COMMUNITIES



CULTURAL EXCHANGE
& EDUCATION



ANIMAL
WELFARE

Making a positive difference to the amazing destinations we travel is at the core of what we do, and we are proud to say that every INTRO tour is 100% carbon neutral.

Small Change is our socially conscious initiative aimed at travelling responsibly and changing the world for the better!

[Find out more.](#)

FAQS



DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends! Most of our accommodation is twin share, so we will put you in a room with someone of the same gender.



HOW WILL I ACCESS MY MONEY WHILE I'M AWAY?

We recommend getting a travel currency card through [Wise](#). You can use the Wise card almost everywhere and withdraw cash and use it with Google or Apple Pay. If you transfer your money into the local currency, you can avoid paying foreign exchange fees when you use the card. There are ATM's available throughout the Thailand so it's easy to get access to cash.



CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose [Thailand](#).



IS THERE WI-FI THROUGHOUT THE TRIP?

All accommodations we stay at have free Wi-Fi available. Thailand's network quality is often lower than you're used to but you can generally connect and do basic stuff.



CAN I CHANGE MY START DATE?

Enjoy ultimate peace of mind and flexibility with INTRO. Should your travel plans change or be disrupted you can change your start date or tour for free up to 30 days before your start date.



TERMS & CONDITIONS

For the full set of terms & conditions for our tours including your responsibilities as a traveller with us, please see the [Terms & Conditions](#) section of our website.



WHEN IS THE BEST TIME TO VISIT THAILAND?

The great thing about Thailand is it's usually quite hot all year round, so it's great to go at any time. There is a slightly higher chance of rain around October and November, however it usually only rains for an hour or so which can be a nice relief from the heat.

That's about it for now!

Once you've booked you'll get access to Manage My Booking and the INTRO Travel App, which will give you all the information you'll need on Thailand and Thai Island Explorer, so you can just relax and enjoy the experience.

Of course if you have any more questions just contact us. We're happy to help!

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