

SRI LANKA UNCOVERED

HEY TRUTRAVELLER! PARADISE IS AWAITING YOU...

We thought we would give you some finer details to get you even more excited for your upcoming trip. In this itinerary, you have an outline of the day-to-day activities you get to experience, as well as the accommodation type and what's included from us. We have planned almost everything but we have left you some free time to go off and explore yourself...or just relax if that's more your style. There are many recommendations in this itinerary so you don't leave feeling like you have missed anything!

FLIGHT INFORMATION



COLOMBO AIRPORT (BANDARANAIKE INTERNATIONAL AIRPORT) CMB



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TRIP OVERVIEW

Day 1 **NEGOMBO** meeting the group
Day 2 **SIGIRYA** temples
Day 3 **SIGIRYA** climb Sigiriya rock
Day 4 **KANDY** Kandy viewpoint
Day 5 **ELLA** tea plantation, cooking demonstration, train journey

Day 6 **ELLA** little adams peak and nine arch bridge
Day 7 **UDAWALawe** waterfall, safari and glamping
Day 8 **UNAWATUNA** exploring the dutch fort
Day 9 **UNAWATUNA** jungle beach
Day 10 **UNAWATUNA** chilled check out!



Day 1 -

NEGOMBO

Welcome to Sri Lanka!!!

ALL DAY: You are in Sri Lanka baby! On arrival look out for the driver with the Tru Travels sign! Today all of your fellow Trutravellers will be arriving so check in, explore, chill and connect with others in your group! Maybe drink your first arrack...

EVENING: This evening your Travel Ninja will arrange a time and place for everyone to meet up for the welcome dinner! It's the start of a beautiful friendship with your group, your Travel Ninja and Sri Lanka as a whole. Your Sri Lanka Uncovered is finally here!



TWIN SHARE HOTEL

OPTIONAL ACTIVITIES

If you arrive early, you have the option to explore Negombo. You can check out some of the churches like St. Mary's Church or St. Sebastian's church.

You could visit Duwa fishermen settlement and Morawala beach, why not hit the beach for a leisurely stroll? The beach comes alive with local vibes around 4/4.30 p.m. You can also check out some nice restaurants, cafes, shops on the Lewis place street where our hotel is located



TIP

Make sure you get your head around the currency by using apps such as "Units Plus"



Day 2

SIGIRYA

Rise and shine on your first full day with Trutravels...

MORNING: Today we are off to Dambulla Cave Temple! Rise and shine it's your first full day with Trutravels. We're going to fully immerse ourselves in Sri Lanka's rich culture today. We typically leave the hotel for Dambulla straight after breakfast. Your Travel Ninja will confirm the timings.

AFTERNOON: After lunch, we are going to visit a beautiful Buddhist cave temple. Don't forget to dress appropriately and to bring water, and suncream and to wear comfortable trainers as we will be doing a lot of walking! After that, we'll be heading to Sigiriya to check into our hotel for the next two nights.

OPTIONAL ACTIVITIES

Whilst you are in Sigiriya why not try a ayurvedic spa and or go for a dip in the swimming pool? Ayurvedic spas focus on natural remedies and local produce!



BREAKFAST



TWIN SHARE HOTEL



DAY 3 -

SIGIRYA

MORNING: Today we have an early start! After a cup of tea in the lobby we'll leave the hotel for the world famous Sigiriya rock to see the 5th century royal city. We are going to do about 3 / 3.5 hours walk up and down the rock so please wear trainers for this. After the climb we will go back to the hotel and have a local breakfast.

REST OF THE DAY:

We will visit a hamlet known for its stunning natural beauty, here you will experience how life is in the country side. We will jump aboard small boats and experience a boat ride across the lake to the other side at sunset. You are now in a traditional farmland of a village! We will get some drinks and sing songs before we witness some traditional cooking. We will enjoy an authentic Sri Lankan dinner served in classic Sri Lankan style. After some Interaction with the village folk we will cross over the lake on boats and get on tractors to get back to the bus. A TRUly local experience!



BREAKFAST AND DINNER



TWIN SHARE ROOM



Day 4 -

KANDY

MORNING: After breakfast we will leave Sigiriya for Kandy. Halfway to the destination we will visit a spice garden! When we arrive in Kandy we will have lunch and some time to go shopping before we go to the hotel and check in.

REST OF THE DAY:

This afternoon we will explore the world heritage city of Kandy and visit the Buddhist worship in Sri Lanka. This evening we will see the evening ritual at the temple of the sacred tooth relic of the Buddha! Try to get a good sleep because tomorrow we have a big day...



BREAKFAST

TIP

Don't forget to dress appropriately and bring water and suncream.



Day 5 -

ELLA

Good morning, rise and shine.

MORNING: Today we have our last early start but it's worth it! After an early breakfast, we are heading to the tea country. Teas of the Nuwara Eliya region are the champagne of Ceylon Tea. You will pick and throw tea buds into the sack you carry on your back! After enjoying different flavours of tea, we will head to the local family where we learn to cook a curry, fry Papadam and make a Sambal before we enjoy a delicious Sri Lankan lunch!

AFTERNOON: This afternoon we will start one of the world's most spectacular train journeys to Ella! Tonight, we will have a big night out in Ella town!



TWIN SHARE HOTEL



BREAKFAST AND LUNCH

OPTIONAL ACTIVITIES

Kandy is famous for Gemstones and jewellery. When you are in here in the afternoon why not check out a place with Sri Lankan gemstones!

Ravana Pool Club which overlooks the mountains in Ella is amazing, here you can eat, swim and take in the view over looking the mountains. If you're feeling adventures you can zipline across the valley!

Day 6 -

ELLA

MORNING: After a long day trip and an amazing night out in town, we'll give you the morning to relax, chill by the pool, do some exploring in Ella or visit some cool cafes!

AFTERNOON: This afternoon we will walk to the Instagram favourite, Nine Arch Bridge and hike little Adam's Peak.



TWIN SHARE HOTEL



BREAKFAST



LITTLE ADAMS PEAK & NINE ARCH BRIDGE



Day 7 - UDAWALAWA

MORNING: After breakfast We are heading to Udawalawa. On the way we will stop at the famous and impressive Ravana waterfall!

AFTERNOON: After lunch, we will head in jeeps to Udawalawa National Park! The surroundings of this park are a typical dry forest, a terrain of vast open grasslands and scrublands which are unified by riverine forests. The park is also home to Water buffaloes, spotted deer, crocodiles, jackals, water and forest birds and many other animals! Tonight we will be glamping in paradise - what a way to spend the evening!



BREAKFAST



WATERFALL, SAFARI AND GLAMPING



Day 8 - UNAWATUNA

MORNING: Today we will be exploring the Dutch Fort! After breakfast and some chill time at the hotel we will head to Galle. We can have some lunch and take a walk in the old colonial Dutch fort to see the best bits.

AFTERNOON: Tonight we can explore and have a group dinner!



BREAKFAST



Day 9 - UNAWATUNA

MORNING: BEACH DAY!!! It will be a fun and chilled day at the beach. We will visit the Jungle beach so crack open a beer, do some sun bathing and play some games!

AFTERNOON: In the evening we will meet up in the hotel lobby to go to Unawatuna beach for our farewell dinner around sunset!!! Get ready for some farewell speeches and lots of hugs!



BREAKFAST



Day 10 - UNAWATUNA

MORNING: It's time to say goodbye - yes I know the farewell will be hard one! Whether you are off on more exciting adventures around the world or are headed home we hope you have a safe journey!

Your tour guide will help you organise your onwards travel plans! See you soon!



BREAKFAST

