



HEY TRUTRAVELLER! PARADISE IS AWAITING YOU...

We thought we would give you some finer details to get you even more excited for your upcoming trip. In this itinerary, you have an outline of the day-to-day activities you get to experience, as well as the accommodation type and what's included from us. We have planned almost everything but we have left you some free time to go off and explore yourself...or just relax if that's more your style. There are many recommendations in this itinerary so you don't leave feeling like you have missed anything!

FLIGHT INFORMATION

 **SUARNABHUMI (BKK) / DON MUANG (DMK)**

 **KOH SAMUI AIRPORT (SUM)**

TRIP OVERVIEW

- DAY 1 BANGKOK** meeting the group
- DAY 2 BANGKOK** temples and river cruise
- DAY 3 TRAVEL TO KHAO SOK** massage and train
- DAY 4 KHAO SOK** exploring Khao Sok
- DAY 5 KOH PHANGAN** beach activities
- DAY 6 KOH PHANGAN** muay thai lesson
- DAY 7 KOH PHANGAN** boat trip and snorkelling
- DAY 8 KOH TAO** chilled check out





TRAVEL ITINERARY AND EXTRA INFORMATION

-8 DAY TOUR-



DAY 1 - BANGKOK

MORNING: Welcome to Bangkok. You're in Thailand baby. Check in, explore, chill, connect with others on the group, drink your first Chang... Today all your fellow Trutravellers will be arriving and checking in, if they haven't already.

AFTERNOON: Later this evening your Travel Ninja will arrange a time and place for everyone to meet up for the first night out together. Keep a look out on the group chat for details. Its usually close by the hotel.



AIRPORT PICK UP



DAY 2 - BANGKOK

MORNING: You're back in Bangkok and it is time to explore the city by TukTuk! We will have some breakfast in the morning and then head to some amazing temples!

AFTERNOON: We will then jump on some boats and explore more of the city on the water. The rest of the afternoon is yours to use to explore at your own pace. Explore some markets, cafes or get a massage - it's up to you!



TEMPLES



BREAKFAST

OPTIONAL ACTIVITIES

If you're an early bird be sure to explore the old town, try some amazing local coffee, do some souvenir shopping for your loved ones back home, here's your chance! Get a nice Thai massage, you probably need it after your adventure!



DAY 3 - BANGKOK/KHAO SOK

MORNING: Today we are leaving Bangkok and heading to the South! In the morning we will check out after breakfast. Then we will have a massage so everyone can relax and get ready for the journey

AFTERNOON: Early afternoon we will leave for the train station. Fill up your water bottles and grab your snacks ready for the journey!



BREAKFAST



MASSAGE



OVERNIGHT TRAIN



DAY 4 - KHAO SOK

MORNING: You made it to the south! It's super chilled down here, get ready for some beautifully relaxing days. Once we arrive at our station we will get into our private mini vans and head to the national park.

AFTERNOON: When we arrive we can chill, crack open a beer and explore the area in kayaks.



LUNCH AND DINNER



KAYAKING AND SWIMMING



TRAVEL ITINERARY AND EXTRA INFORMATION -8 DAY TOUR-



DAY 5 - KOH PHANGAN

MORNING: This morning we will soak in the beauty of the national park and get ready to move to our next stop. Bottle beach is such an incredible spot and we can't wait for you to experience the bottle beach bungalows.

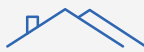
AFTERNOON: When we arrive in Koh Phangan we will take in our surroundings and enjoy the ocean.



BREAKFAST



TRAVEL TO KOH PHANGAN



BOTTLE BEACH BUNGALOWS

DAY 6 - KOH PHANGAN

MORNING: The morning is free for you to explore as you wish. Ask your travel guide for some suggestions and pointers for the best cafes to grab something to or drink.

AFTERNOON: We will leave bottle beach in the afternoon and head over to our Muay Thai Class.



BOTTLE BEACH VIEWPOINT HIKE



MUAY THAI CLASS



OPTIONAL ACTIVITIES

In Koh Phangan you can relax in a hammock, enjoy a coffee in a local cafe, swim in the ocean or if you are feeling adventurous take a morning hike to the view point.

DAY 7 - KOH PHANGAN

MORNING: We will have a delicious breakfast at the beachfront restaurant and then head off on our boat trip to visit some top spots around the island.

AFTERNOON: Then we will spend the afternoon snorkelling and relaxing on the boat. Lunch and all the snorkelling equipment will be provided on the boat



LUNCH



BOAT TRIP AND SNORKELLING

DAY 8 - KOH TOA /FINAL DAY

MORNING: Today is the checkout day - we're not crying you are...

It's time to say goodbye but your tour guide is on hand to make sure your future journey is planned and will run smoothly!

We hope you had the best time and can't wait to see you soon on another adventure!



HELP WITH ONWARD TRAVEL