



Sri Lanka Experience is the absolute best of Sri Lanka in 12 days. You'll discover fascinating local culture, stunning sunsets, the famous Sigiriya rock fortress, spice gardens, tea plantations, travel the world's most scenic train journey, spot wild elephants on safari, relax on gorgeous white sandy beaches, learn to surf, enjoy a cultural exchange with Buddhist monks, experience local life and more! With an awesome group leader from the moment your trip starts, an instant group of friends to share your adventure, amazing accommodation and so much included. Get ready for the trip of a lifetime!

## NEGOMBO → MIRISSA

- Transport:** Minibus, Train & Tuk Tuk
- Meals:** 11B, 3L, 2D
- Group size:** 4 - 16
- Age Range:** 18 - 40's
- Local Fees:** None

## HIGHLIGHTS

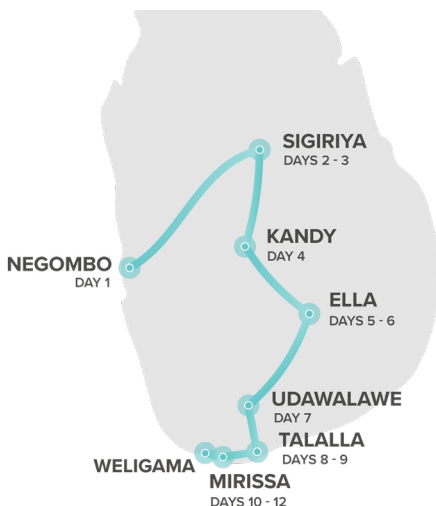
- Breathe in the scent of fresh tea leaves as you explore plantations and learn to pick tea with locals
- Scramble up little Adam's Peak and snap the Insta famous Nine Arches Bridge
- Spot water buffalo, crocodiles and herds of wild elephants on a sunrise safari
- Learn to surf or kick back and relax at Welligama Beach
- Visit a Buddhist Monastery school and learn their way of life

## INCLUSIONS

- ✓ Personal Airport Pickup To Our Accom 24/7
- ✓ 11 Nights Accommodation
- ✓ 16 Meals
- ✓ All Transport
- ✓ Awesome Group Leader
- ✓ Visit Local Markets
- ✓ Ride in a Tuk Tuk
- ✓ River Boat Ride
- ✓ Local Village Experience
- ✓ Sigiriya Rock Viewpoint
- ✓ Spice Garden
- ✓ Temple of the Tooth
- ✓ Tea Plantations
- ✓ Ella Train Journey
- ✓ Little Adam's Peak
- ✓ Nine Arches Bridge
- ✓ Wildlife Safari
- ✓ Yoga
- ✓ Learn to Surf
- ✓ Buddhist Monastery Visit
- ✓ Help with Onward Travel

### NOT INCLUDED:

Flights, travel insurance, visas & some meals



# ITINERARY & IMPORTANT INFO

## DAY 1 - ARRIVE IN NEGOMBO

• **NEGOMBO** We'll pick you up from Colombo airport and take you to our beach front hotel in Negombo. You'll then have plenty of time to chill out and meet everyone in your group.

## DAY 2 - TUK TUK TOUR

• **SIGIRIYA** Discover the beachside town of Negombo by tuk tuk and visit the local fish markets, before heading to the beautiful town of Sigiriya. The next two nights we will stay in a hotel amidst lush tropical greenery.

## DAY 3 - SIGIRIYA & LOCAL VILLAGES

• **SIGIRIYA** An amazing and diverse day starting with experiencing the stunning views of the famous Sigiriya Rock Fortress followed by an authentic local village experience. We'll hop on some local transport and enjoy a cooking demonstration by the local village women and live and eat like the locals!

## DAY 4 - SPICE GARDEN & TEMPLE OF THE TOOTH

• **KANDY** Today we'll head south via a spice garden before arriving in the cultural centre of Sri Lanka – Kandy. We'll visit the amazing Temple of the Tooth, before heading out for dinner and a few drinks.

## DAY 5 - TEA PICKING & A SCENIC TRAIN RIDE TO ELLA

• **ELLA** We'll continue south through stunning rolling green tea plantations, stopping to learn how to pick and make tea; Sri Lanka's most famous export. Before boarding the 'world's most scenic train' to the town of Ella. Once we arrive we'll head into town for dinner and a night out!

## DAY 6 - LITTLE ADAM'S PEAK

• **ELLA** A free morning to relax and explore the beautiful little town of Ella. We'll then hike the stunning Little Adam's Peak and enjoy the spectacular views. After the little hike, feel free to treat yourself to a traditional massage, do some shopping, or just curl up with a book and cuppa.

## DAY 7 - NINE ARCHES BRIDGE

• **UDAWALAWE** This morning we'll visit the famous Nine Arches Bridge before heading south to the amazing Udawalawe National Park.



## DAY 8 - SUNRISE SAFARI

• **TALALLA** A truly unforgettable day as we wake for sunrise and travel by jeep into the stunning Udawalawe National Park to spot herds of wild free roaming elephants, crocodiles and amazing bird life. We'll then head to the beachside oasis of Hiriketiya for a chilled afternoon in paradise. Later we'll arrive at our beachfront eco retreat in gorgeous Tallala, where we'll finish the day watching the sunset whilst tucking into a BBQ.

## DAY 9 - ECO RETREAT

• **TALALLA** The aim of today is to do as little or as much as you want. Take a deep breath and feel the peace and calm wash over you at this beautiful retreat. Participate in the included yoga session, read a book on the loungers by the pool, book an ayurvedic massage, or just snooze under a palm tree whilst soaking in one of the best kept secret beaches of the south.

## DAY 10 - LEARN TO SURF

• **MIRISSA** This morning we'll continue along the coast and stop for a private surf lesson on the super friendly and relaxed Welligama Beach, before visiting Coconut Tree Hill for its stunning view. We'll later check into our beachfront accommodation in Mirissa and heading out to check out the town.

## DAY 11 - BUDDHIST MONASTERY VISIT

• **MIRISSA** Today we'll have the truly special experience! We'll head to a Buddhist Monastery to take part in a cultural exchange with the local monk students who live there and gain a unique insight into Buddhist ways of life. Tonight and in celebration of our last evening together, we'll be treating you to a farewell dinner on the beach.

## DAY 12 - DEPART SRI LANKA OR EXTEND YOUR STAY

• **MIRISSA** Your epic adventure comes to an end today. Your group leader will help organise your onward travel.



## ARRIVAL INFORMATION

It's best to arrive on the actual start date. There's no activities on the first day, so you can arrive at any time. If you do arrive early, we'll still pick you up from the airport and will book you into our Negombo accommodation from the day you arrive. Extra nights can be paid with your agent or direct to us.

It's also recommended to have onward travel booked out of Sri Lanka before travelling there, as you may get asked for proof of this before boarding your flight to Sri Lanka.

## AFTER SRI LANKA EXPERIENCE

Sri Lanka Experience finishes in Mirissa. You can choose to stay on longer in Mirissa, continue your travels in Sri Lanka or make your way back to the airport. The airport is an approx. 3 hour drive from your Mirissa accommodation and transfer costs start at approx. £60 / \$75 USD / \$110 AUD.

For those departing Sri Lanka on day 12, the INTRO bus will be departing Mirissa between 8-10.30am on day 12. This bus is free of charge and will take you to Hotel J in Negombo, arriving at approx. 12-2pm. You are welcome to use the hotel's facilities until you are ready to make your way to the airport.

It is then a 20-25 min taxi to Colombo airport that costs approx. £10 / \$20. Your group leader can organise this all for you and will ensure you're comfortable with all parts of your onward travel.

## VISAS

Most nationalities require a visa or ETA (electronic travel authority) to enter Sri Lanka. This visa is typically for 30 days and can generally be done on arrival at the airport or online [here](#). The cost is usually approx. \$35USD. If you're unsure of your visa requirements or need any help please just contact us!

## TRAVEL INSURANCE

Travel Insurance for Sri Lanka is compulsory to join Sri Lanka Experience. Your group leader will ask to see proof of your cover before your trip begins. You can organise a quote and policy for yourself [here](#).

# ACCOMMODATION GUIDE

## NEGOMBO - HOTEL J

1 NIGHT

Funky beachfront hotel with pool and sun loungers.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool



NEGOMBO

## SIGIRIYA - OAK RAY ELEPHANT LAKE

2 NIGHTS

A lush hotel amidst tropical greenery.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Swimming Pool



SIGIRIYA

## KANDY - RADISSON HOTEL

1 NIGHT

A nice hotel with great views of the city.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Rooftop Pool & Balcony



KANDY

## ELLA - ELLA FLOWER GARDEN HOTEL

2 NIGHTS

A great place set high in the mountains.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Sun Terrace & Balcony



ELLA

## UDAWALAWE - ELEPHANT TRAIL HOTEL

1 NIGHT

Relaxed hotel on the border of the park.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Poolside Resturant & Bar



UDAWALAWE

## TALALLA - TALALLA RETREAT

2 NIGHTS

Beautiful beachfront eco retreat.

Twin/Double/Triple Rooms

Ensuite

WiFi & Laundry

Outdoor Pool, Yoga Classes & Restaurant



TALALLA

## MIRISSA - PARADISE BEACH CLUB HOTEL

2 NIGHTS

Beachfront hotel with private beach area.

Twin/Double Rooms

Ensuite

WiFi, Air Con & Laundry

Pool, Sun Loungers, Bar & Restaurant



TALALLA

### IMPORTANT NOTE



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.



MIRISSA

# #SMALLCHANGE

## SUSTAINABLE TRAVEL



**PROTECTING THE ENVIRONMENT**



**SUPPORTING LOCAL COMMUNITIES**



**CULTURAL EXCHANGE & EDUCATION**



**ANIMAL WELFARE**

Making a positive difference to the amazing destinations we travel is at the core of what we do. Small Change is our own socially conscious initiative aimed at making the world that little bit better place to explore! Click [here](#) to learn more!



**WE'RE PLANTING 10 TREES FOR EVERY INTRO TRAVEL BOOKING!**

## FAQS



### DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends! Most of our accommodation is twin share, so we will put you in a room with someone of the same gender.



### CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose [Sri Lanka](#).



### WHEN IS THE BEST TIME TO VISIT SRI LANKA?

The great thing about Sri Lanka is it's usually quite hot all year round, so it's great to go at any time. The seasons vary quite a lot across the country with the chance of rain across certain areas at anytime of year. We cover a large part of Sri Lanka so you're sure to get beautiful sunshine with a chance of rain all year round.



### HOW MUCH SPENDING MONEY WILL I NEED?

All your activities, accommodation, transport and a bunch of meals are included, so you'll just need money for any extra meals, drinks, shopping and any onward travel. We recommend you bring at least £300 / \$600 spending money.



### HOW WILL I ACCESS MY MONEY WHILE I'M AWAY?

We recommend getting a travel currency card through [Wise](#). You can use the Wise card almost everywhere and withdraw cash and use it with Google or Apple Pay. If you transfer your money into the local currency, you can avoid paying foreign exchange fees when you use the card. There are ATM's available throughout the Sri Lanka so it's easy to get access to cash.



### IS THERE WI-FI THROUGHOUT THE TRIP?

All accommodations we stay at have free Wi-Fi available. Sri Lanka's network quality is often lower than you're used to but you can generally connect and do basic stuff.



### WHAT LUGGAGE DO YOU RECOMMEND?

We always recommend travelling with a backpack and packing light! 10-20kgs of stuff should be plenty. It's generally quite hot in Sri Lanka so dragging around a huge suitcase is not much fun.



### WHAT POWER OUTLETS ARE USED?

Sri Lanka generally use either type D and G sockets. Plug type D is the plug which has three round pins in a triangular pattern and plug type G is the plug which has three rectangular pins in a triangular pattern.



### TERMS & CONDITIONS

For the full set of terms & conditions for our tours including your responsibilities as a traveller with us, please see the [Terms & Conditions](#) section of our website.

### That's about it for now!

Once you've booked you'll get access to 'Manage My Booking' and the INTRO Travel App, which will give you all the information you'll need on the Sri Lanka and Sri Lanka Experience, so you can just relax and enjoy the experience.

*Of course if you have any more questions just contact us. We're happy to help!*

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introtravel.com