

PHILIPPINES

MANILA // PUERTO PRINCESA // PORT
BARTON // EL NIDO

ITINERARY



DAY 1 - MANILA

Arrive at any time in Manila and we will meet you at the airport. We take you through the winding streets to our boutique hostel in central Manila.

Settle into your accommodation and in the evening join the rest of the group for a delicious welcome meal in a local venue. After dinner, head up to the rooftop terrace and enjoy a few drinks overlooking the Manila skyline.

Accommodation: Z Hostel (4 bed dorms)
Activities: Welcome Dinner
Optional Activities: N/A
Meals: Dinner

DAY 2 - TO PALAWAN!

Palawan here we come! Today we take a short flight to Puerto Princesa in Palawan. We check in to our awesome boutique hotel and relax by the pool for a while. In the afternoon we visit the Iwahig Prison, where the inmates govern themselves and learn new skills such as farming and dancing to Michael Jackson. Truly a bizarre experience! In the evening, get your seafood fix with our dinner option in a local restaurant in this coastal city.

Accommodation: Canvas Boutique Hotel (Twin/Double)
Activities: Iwahig Prison Visit
Optional Activities: N/A
Meals: Breakfast

DAY 3 - UNDERGROUND RIVER!

We have an early start today as we head out to the UNESCO Underground River. We explore the 5-miles of rivers and caves by boat before driving over dirt roads to the remote and stunning fishing village of Port Barton. This is when you will truly feel like you've arrived in paradise but trust us, it gets better! Spend the afternoon sipping fresh coconuts on golden sand while listening to some island reggae in the background. Tonight we will sleep in traditional Filipino style beach bungalows listening to the sound of the ocean.

Accommodation: Elsa's Cottages (Twin/Double)
Activities: Underground River
Optional Activities: Massages, SUP
Meals: Breakfast & Lunch

DAY 4/5 - PRIVATE BEACH CAMP & ISLANDER EXPERIENCE!

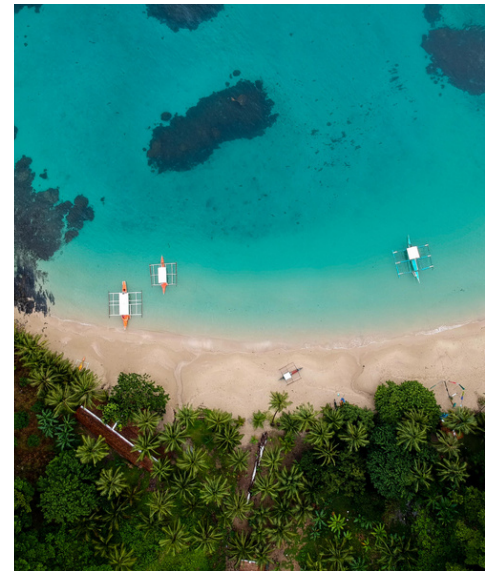
For the next 2 days we get to experience the local island way of life, with our Islander Experience. After breakfast, we join our local guides on their boat for 2 days of exploring islands and the surrounding areas of Port Barton. Snorkel around coral reefs & alongside turtles, shower in jungle waterfalls, explore tiny islands and just take it all in. In the evening we get together around the fire at our very own private beach camp. Perfect! Don't worry about food either as our local guides will have everything covered with feasts of grilled fish, pork, rice, vegetables and fruit. Tonight you will sleep in tents directly on the beach in paradise.

Accommodation: Beach Camp (2 Person Tents)

Activities: Island Hopping, Beach Bonfire, Snorkelling, Waterfall Visit, School Visit (seasonal - depending on school schedule)

Optional Activities: N/A

Meals: Lunch & Dinner/Breakfast & Lunch



DAY 6 - TO EL NIDO!

After breakfast, take some time to appreciate your spectacular surroundings before we then hop into a van and head up on our way to El Nido. When we arrive you will see why Palawan was named the most beautiful island in the world. Surrounded by islands and towering cliffs, El Nido is a secret paradise we are lucky enough to share. Once you pick your jaws up off the ground, we will check in to the funkiest hostel in Palawan. This slick hostel looks more like a boutique hotel than a backpackers! Settle in, then head to our favourite beach restaurant in the evening for food and fun with your One Life family.

Accommodation: Spin Designer Hostel (4 bed dorms)

Activities: N/A

Optional Activities: Massage

Meals: N/A

DAY 7 - CULTURAL DAY

It's time to experience and immerse ourselves in unique Filipino culture. We'll take a short jungle hike to learn about the flora and fauna that grows in the lush rainforest before arriving at our exclusive beach hut for a fun-filled day. Today we have activities ranging from cooking authentic Filipino food, climbing coconut trees, traditional Filipino stick fighting, coconut shaving, learning Filipino dances and children's games, coconut leaf weaving and more. Afterwards, you can take the optional zipline & lounge on the stunning Las Cabanas Beach! An exhilarating adventure of flying between two islands over the ocean. A day you're not likely to forget!

Accommodation: Spin Designer Hostel (4 bed dorms)
Activities: Cultural Day
Optional Activities: Zipline (500 PhP), SUP
Meals: Breakfast & Lunch



DAY 8 - ISLAND HOPPING

This morning we board our boat to take us around all the spectacular, tiny islands in the bay. You will explore the most beautiful islands and the bluest waters you have ever seen. Snorkel with your new friends and feast on the freshly prepared food on board. This is truly a once-in-a-lifetime experience.

Accommodation: Spin Designer Hostel (4 bed dorms)
Activities: El Nido Island Hopping
Optional Activities: N/A
Meals: Breakfast & Lunch



DAY 9 - EL NIDO TOWN

Today we do a short canopy walk up to the famous cliffs overlooking El Nido to get the best view of incredible bay and Cadlao Island. After all that exercise, you'll need some chill-out time! That's why we include a traditional Filipino massage near the beach to help ease those muscles. Take your time today to relax and enjoy your surroundings.

Accommodation: Spin Designer Hostel (4 bed dorms)
Activities: Canopy Walk & 1 Hour Massage
Optional Activities: N/A
Meals: Breakfast

DAY 10 - DEPART!

Sadly all good things must come to an end! You can fly back to Manila from a small airport in El Nido, it's a little bit more expensive, but it means you won't have to travel back to Puerto for your flight (use the Air Swift website). If you're leaving to Puerto Princesa, your guide can book you on one of the vans departing throughout the day.

Accommodation: N/A
Activities: N/A
Optional Activities: N/A
Meals: Breakfast

PHILIPPINES

ACCOMMODATION GUIDE



MANILLA

MANILA - Z HOSTEL

*4 Bed Dorm w/ en-suite
Reading light & plug socket for
each bed
A/C & WiFi
Rooftop Bar*

PUERTO PRINCESA

PUERTO PRINCESA - CANVAS BOUTIQUE HOTEL

*Twin/Double Rooms w/ en-suite
A/C & WiFi
Outdoor Pool
Complimentary Water & TV*

PORT BARTON

PORT BARTON - ELSA'S BEACH COTTAGES

*Twin/Double Rooms w/ en-suite
Fan & 24/7 Electricity
Beach Front Location*

CAMPING

PORT BARTON - CAMPING

*2 person tent
Toilet Facilities on Island
Treehouse
Beach Front*

EL NIDO

EL NIDO - SPIN DESIGNER HOSTEL

*4 Bed Dorms w/ shared bathroom
A/C, Fan & WiFi
Plug sockets and reading light for each
bed
Bed Organiser & Lockers*