

Peru total: Städte, Wüsten & Inka-Ruinen - SPMCHW

11 days: Lima nach Cusco

What's Included

- Dein Welcome-Moment: Anreise und Begrüßungstreffen
- Dein Foodie-Moment: Seafood Lunch at the beach, Cerro Azul
- Fisch zum Mittagessen beim Strand in Cerro Azul
- Sandboarding und Dune-Buggy-Ausflug zu einer Wüstenoase
- Bootsausflug zur Tierwelt der Islas Ballestas
- Insider-Rundgang durch Cusco mit peruanischem Mittagessen
- Besuch der archäologischen Stätten Killarumiyoc und Iglesia Naupa
- Wandern zum Wasserfall Perolnuyoc im Heiligen Tal
- Zugfahrt nach Machu Picchu
- Geführte Besichtigung von Machu Picchu
- Alle Transfers zwischen den Reiseorten sowie zu inbegriffenen Aktivitäten und zurück

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Gültig für alle Reiseternine nach Oktober 4th, 2021

Itinerary

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Tag 1 Lima

Ankunft zu jeder Zeit möglich. Mach es dir im Hostel gemütlich oder erkunde ein wenig die Stadt, bevor du am Abend die anderen Roamies triffst. Hunger? Mit all den fantastischen Bars und Restaurants in der Nähe des Hostels hast du im lässigen Viertel Barranco die Qual der Wahl.

Dein Welcome-Moment: Anreise und Begrüßungstreffen

Deine Gelegenheit, den CEO und deine Mitreisenden zu treffen und mehr über deine Reise zu erfahren. Entscheiden dich für ein anschließendes Essen mit der Gruppe vor Ort. Bitte beachte den Aushang in der Lobby (oder frag an der Rezeption) nach der offiziellen Zeit und dem Ort für das Treffen mit der Gruppe.

Unterbringung

Hostelworld Kokopelli Barranco (oder Ähnliche)

Hostel

Tag 2 Lima nach Huacachina

Halt dich fest, heute gibt es volles Programm! Von Lima geht es die Küste entlang nach Süden in ein kleines Fischerdorf, wo es leckeren Fisch zum Mittagessen gibt und du erfährst, wie peruanisches Ceviche gemacht wird ... viel frischer kannst du es gar nicht essen! Danach geht es ins Landesinnere und mit Dune Buggys über die Sanddünen. Du kannst dich sogar am Sandboarding versuchen, bevor du bei Sonnenuntergang in einer Oase in der Wüste eine Runde schwimmst. Danach geht es weiter zur nächsten Oase bei Huacachina, wo wir ins Hostel einchecken und chillen. Schon jetzt der beste Urlaub ever? Dabei ist das erst der zweite Tag!

Privatfahrzeug

Lima - Cerro Azul 128km

Mach's dir bequem und genieße die Landschaft vom komfortablen Privatfahrzeug aus.

Dein Foodie-Moment: Seafood Lunch at the beach

Tuck into a delicious and fresh seafood lunch near the beach featuring ceviche, one of Peru's most iconic dishes. Learn about how it's prepared so that you can try it out when you get home. If seafood isn't your thing, don't worry - there will be plenty of other options available for you.

Privatfahrzeug

Cerro Azul - Pisco 97km

Mach's dir bequem und genieße die Landschaft vom komfortablen Privatfahrzeug aus.

Dune Buggies and Sandboarding at a Desert Oasis

Pisco 3h-3h30m

Get the adrenaline pumping as you zip off into the desert in dune buggies over the rolling sand. Try your hand at sandboarding before arriving to a remote oasis where you'll have the chance to swim, kayak and chill out as the afternoon winds down to sunset.

Privatfahrzeug

Pisco - Huacachina 1h-1h30m 78km

Mach's dir bequem und genieße die Landschaft vom komfortablen Privatfahrzeug aus.

Inbegriffene Mahlzeiten: Frühstück | Mittagessen

Unterbringung

Carola Lodge (oder Ähnliche)

Hotel

Tag 3 Huacachina

Verbringe den Tag in Huacachina heute nach Lust und Laune. Wenn du was erleben willst, kannst du dir bei einem Rundflug die Nazca-Linien ansehen, in Paracas Kitesurfen lernen, Pisco-Destillieren in der Nähe besuchen oder noch eine Fahrt im Dune Buggy machen! Ansonsten kannst du auch einfach mit einem kühlen Getränk am Pool deines Hostels in der Oase liegen. Das ist immer eine gute Alternative.

Optionale Aktivitäten - Tag 3

Flug über die Nazca-Linien

Paracas

Begib dich in die Lüfte und genieße die beste Aussicht auf die rätselhaften Nazca-Linien, eine Reihe von Mustern und Bildern, die in den Boden eingeritzt wurden und ein großes Gebiet der flachen Wüste durchkreuzen. Bewundere diese Linien, die bis zu 10 km lang und dennoch vollkommen gerade sind. Die Darstellungen von Vögeln, Insekten und Tieren sind nur aus der Luft erkennbar. Der Ursprung der Linien, wer sie erstellte und aus welchem Grund ist bis heute ein Rätsel. Gegenwärtige Einschätzungen suggerieren, dass sie Teil eines komplexen landwirtschaftlichen Kalenders gewesen sein könnten.

Sunset Sandboarding & Dune Buggies

Huacachina

Get your adrenaline pumping in a dune buggy on the desert dunes, ride the ups and downs in these desert mountains. Strap on a board and try out sandboarding, just like it sounds like snowboarding, but on sand. Enjoy the softer landings and the warmer temps. After, head back to the oasis of Huacachina through the stunning dunes and watch the sunset in the distance.

Inbegriffene Mahlzeiten: Frühstück

Unterbringung

Carola Lodge (oder Ähnliche)

Hotel

Tag 4 Huacachina nach Lima

Heute geht es früh los mit dem Bus in die nahe Stadt Paracas und zu einem Bootsausflug zu den Islas Ballestas. Hier warten Seevögel, Pinguine und Seelöwen ohne Ende! Wenn du Lust hast, kannst du zu Mittag nochmal leckeren Fisch essen, bevor es am Nachmittag zurückgeht nach Lima, wo du am letzten Abend nochmal mit deinen Freunden ausgehst. Wer hat Lust auf Pisco Sour?

Privatfahrzeug

Huacachina - Paracas 75km

Mach's dir bequem und genieße die Landschaft vom komfortablen Privatfahrzeug aus.

Ausflug zu den Ballestas-Inseln

Las Ballestas

Auf diesem Ausflug zu den Ballestas-Inseln an der peruanischen Küste (die auch Limas kleines Galapagos genannt werden) erwarten dich fantastische Wildtierbeobachtungen. Beobachte verspielte Seelöwen, Humboldt-Pinguine, Tölpel, Pelikane und mehr als 200 verschiedene Vogelarten. Vergiss deinen Fotoapparat nicht.

Lokalbus

Paracas – Lima 4h

Einsteigen, hinsetzen, die Fahrt genießen.

Inbegriffene Mahlzeiten: Frühstück

Unterbringung

Hostelworld Kokopelli Barranco (oder Ähnliche)

Hostel

Tag 5 Lima nach Cusco

Niemand sollte sich zwischen der Wüste an der Küste von Peru und Machu Picchu entscheiden müssen. Und bei diesem 11-tägigen Trip mit Übernachtungen in coolen Hostels musst du das auch nicht. Du startest in Lima, wo du frischen Fisch essen und bei einer Oase in der Wüste mit Dune Buggys herumflitzen kannst. Danach geht es in die Berge, wo Ruinen, Wanderungen und unglaubliche Landschaften auf dich warten. Du lernst Cusco bei einer Insidertour hautnah kennen und besuchst dann einige unbekanntere Highlights im Heiligen Tal, bevor der ganz große Moment kommt, wenn du zum ersten Mal Machu Picchu mit eigenen Augen siehst.

Inbegriffene Mahlzeiten: Frühstück

Unterbringung

Hostelworld Kokopelli Cusco (oder Ähnliche)

Hostel

Tag 6 Cusco

Hoffentlich bist du gut zu Fuß, denn heute machen wir einige Kilometer! Zu Fuß geht es mit dem CEO zum Markt San Pedro und danach durch die engen Kopfsteingassen der Stadt zu Sapantiana, ein Aquädukt und Treppenwasserfall und verstecktes Juwel der Stadt. Danach geht es nach San Blas für eine fantastische Aussicht über die Stadt und ein köstliches Mittagessen in einem der Restaurants rund um den kleinen Platz. Den Rest des Tages kannst du weiter die Stadt erkunden oder am Hauptplatz was trinken und das Treiben um dich herum beobachten.

Backstreets walk of Cusco: San Pedro, Sapantiana and San Blas with Lunch

Cusco

Head out on foot with your CEO today to the backstreets of Cusco along the cobblestone alleyways and plazas. Take in the sights and smells of the sprawling San Pedro market and try out a glass of fresh fruit juice from one of the stalls. Head up through the oldest part of the city to the huaca and aqueduct of Sapantiana with a cascading waterfall tumbling over the stone steps. Carry on to the San Blas neighborhood for awesome views over the city and to eat a delicious lunch at a local restaurant.

Inbegriffene Mahlzeiten: Frühstück | Mittagessen

Unterbringung

Hostelworld Kokopelli Cusco (oder Ähnliche)

Hostel

Tag 7 Cusco nach Ollantaytambo

Du kennst vielleicht die typischen Tagesausflüge ins Heilige Tal. Das ist keiner davon! Mit dem privaten Bus geht es zuerst zu den weniger bekannten (aber nicht weniger großartigen) Inka-Ruinen von Killarumiyoc, einem Heiligtum, das dem Mond gewidmet war. Nach der Besichtigung mit unserem bestens informierten Guide geht es zur nächsten Inka-Stätte bei Iglesia Ñaupa und dann zu Fuß durch die Berge zum wunderschönen Wasserfall Perolnuyoc. Genieße hier die herrliche Landschaft und ein leckeres Picknick zu Mittag. Danach wandern wir zurück zum Bus und fahren weiter ins nahe Ollantaytambo. Lust auf was anders? Dann sieh dir die Ruinen von Ollantaytambo bei Sonnenuntergang an, setz dich in ein Café oder häng einfach mit Freunden im Hostel ab.

Visit to Killarumiyoc

Acahuasi

Located 50km to the west of Cusco, the ruins of Killarumiyoc may not be as well-visited but they are no less impressive than some of the other Inca sites in the area. Thought to be a ceremonial centre dedicated to the moon and the divinity of womanhood, Killarumiyoc demonstrates how the Incas used the lunar cycles to plan agricultural calendars and to celebrate the fertility of the earth.

Iglesia Ñaupa and Hike to Perolnuyoc Waterfall

Pachar

A hidden gem of the Sacred Valley, Iglesia Ñaupa is a small Inca temple that roughly translates to "old church" in a mixture of Spanish and Quechua. We'll access the site by walking up through a series of

ancient terraces with the temple on top, carved out of a natural cave. After exploring the site with our local guide, continue on to embark on a short trek into the mountains to the spectacular Perolnuyoc waterfall. The hike is about an hour up the mountain trail until reaching the waterfall, where we'll have plenty of time to rest, take pictures and eat a delicious boxed lunch before returning on the same trail out.

Privatfahrzeug

Cusco - Ollantaytambo 1h45m 94km

Mach's dir bequem und genieße die Landschaft vom komfortablen Privatfahrzeug aus.

Inbegriffene Mahlzeiten: Frühstück | Mittagessen

Unterbringung

Inkas Heaven Hotel (oder Ähnliche)

Hotel

Tag 8 Ollantaytambo nach Aguas Calientes

Zug fährt ab! Im Frühzug kannst du dich zurücklehnen und die herrliche Aussicht auf das Tal des Rio Urubamba genießen. Die Wandervögel unter uns, die den Tag am Inka-Trail dazugebucht haben, verlassen den Zug bereits bei Km 104, wandern mit einem einheimischen Guide zum Sonnentor und sehen sich am Nachmittag Machu Picchu an, bevor sich am Abend alle wieder treffen. Die anderen sind vor dem Mittagessen in Aguas Calientes und können den restlichen Tag die Stadt erkunden, shoppen, einen nahen Wasserfall besuchen oder in den Thermalquellen baden. Bleib aber nicht zu lange auf, denn morgen wartet der ganz große Höhepunkt!

Zug

Ollantaytambo - Aguas Calientes 1h30m

Einsteigen, hinsetzen, die Fahrt genießen.

Optionale Aktivitäten - Tag 8

Thermalquellenbesuch

Aguas Calientes

6USD pro Person

Entspann deine müden Muskeln in den heißen Quellen, denen der Ort Aguas Calientes seinen Namen verdankt.

Mandor Waterfall Hike

Aguas Calientes

20PEN pro Person

Head out on a nature walk to Mandor Waterfall with your CEO. See how many different types of butterflies you can spot along the way. Enjoy the waterfall set in lush green jungle before returning to Aguas Calientes.

Genehmigungsantrag für die eintägige Wanderung auf dem Inka Trail

Inca Trail 6h-8h

Du möchtest eine kürzere Wanderung auf dem Inka-Trail unternehmen, als die reguläre 4-tägige Wanderung? Dann ist diese Permit die perfekte Lösung: Du steigst früher aus dem Zug, wanderst sechs Stunden bis zum Sonnentor und triffst dich dort wieder mit der Gruppe.

Inbegriffene Mahlzeiten: Frühstück

Unterbringung

Usgar Machupicchu Inn (oder Ähnliche)

Hostel

Tag 9 Aguas Calientes nach Cusco

Raus aus den Federn! Das frühe Aufstehen heute tut vielleicht ein wenig weh, aber wir schwören, dass es sich mehr als lohnt. Vor Sonnenaufgang geht es mit dem Bus den Berg rauf nach Machu Picchu, wo du dir bei einer geführten Tour mit unserem einheimischen Experten die Tempel und Terrassen dieser gewaltigen Inka-Stätte ansiehst. Nimm in einem der vielen Restaurants in Aguas Calientes ein Mittagessen, bevor es mit dem Zug zurück nach Ollantaytambo und dann mit dem Bus weiter nach Cusco geht. Du hast bestimmt schon bemerkt, dass das Nachtleben in Cusco ziemlich spitze ist. Und wenn nicht ... hast du jetzt die beste Gelegenheit, es rauszufinden.

Lokalbus

Aguas Calientes - Machu Picchu 15m

Einsteigen, hinsetzen, die Fahrt genießen.

Geführte Tour durch Machu Picchu

Machu Picchu

Raus aus den Federn - früh am Morgen ist die absolut beste Zeit, um die Verlorene Stadt der Inkas zu besuchen. Dein lokaler Guide bringt dich im gemütlichen Tempo zu Machu Picchu und erzählt dir die

Geschichte der Stadt. Du bekommst Infos aus erster Hand zu Inti Mach'ay Höhle, Inti Watana, Sonnentempel, Wassertempel, Kondortempel und dem Tempel der drei Fenster. Nimm dir Zeit, um dich hinzusetzen und die Energie dieser Stätte aus dem 15. Jahrhundert aufzusaugen. Heute ist Machu Picchu ein UNESCO-Welterbe und wurde in einer weltweiten Internetumfrage zu einem der 7 neuen Weltwunder gewählt.

Lokalbus

Machu Picchu - Aguas Calientes 15m
Einsteigen, hinsetzen, die Fahrt genießen.

Zug

Aguas Calientes - Ollantaytambo 1h30m-1h45m 31km
Einsteigen, hinsetzen, die Fahrt genießen.

Privatfahrzeug

Ollantaytambo - Cusco 1h30m-1h45m 60km
Mach's dir bequem und genieße die Landschaft vom komfortablen Privatfahrzeug aus.

Inbegriffene Mahlzeiten: Frühstück

Unterbringung

Hostelworld Kokopelli Cusco (oder Ähnliche)

Hostel

Tag 10 Cusco

Ein freier Tag in Cusco? Ja bitte! Alle, die noch nicht genug Kilometer und fantastische Fotos gemacht haben, könnten die ganztägige Wanderung zum Regenbogen-Berg machen. Es gibt aber auch viele großartige Alternativen, wie etwa Mountainbiken, die Museen, Märkte und Läden der Stadt besuchen - oder auch einfach nur mit Freunden im Hostel abhängen. Egal, was du tust, es wird großartig werden.

Optionale Aktivitäten - Tag 10

Ganztägige Wanderung auf dem Rainbow Mountain

Cusco 7km

Bestaune die Aussicht über bunte, in Rotbraun, Türkis, Lavendel und Gold schimmernde Andengipfel. Sedimente und die Höhenluft und die Nähe zum Meer lassen diese Regenbogenlandschaft hier entstehen, die so unwirklich erscheint, dass man sie mit eigenen Augen gesehen haben muss. Starte früh los für die Fahrt zum Ausgangspunkt dieser herausfordernden, aber lohnenden ganztägigen Wanderung, die dich bis auf 5.029 m führt. Sie ist sehr herausfordernd, aber absolut lohnend.

Stadtführung in Cusco

Cusco

45PEN pro Person

Genieße eine Halbtagestour zu den wichtigsten Sehenswürdigkeiten von Cusco. Spaziere über die Plaza de Armas (Hauptplatz) und erkunde diese geschichtsträchtige Stadt, reich an einer der weltweit eindrucksvollsten und ältesten Kulturen. Besuche Qenqo, Koricancha, die Kathedrale, Puca Pucara, Tambomachay und die archäologische Stätte von Sacsaywaman.

Cusco Tourist Ticket

Cusco

130PEN pro Person

This ticket allows admission to 16 sights of the city of Cusco including many popular museums and cathedrals, the ticket also provides entrance to Sacsayhuaman Archaeological Park, and sights in the South Valley of Cusco and the Sacred Valley of the Incas.

Horseback Riding

Cusco

150PEN pro Person

Schwing dich in den Sattel und erkunde Cuscos archäologische Stätten auf einem dreieinhalbstündigen Ausritt - es sind keine Vorkenntnisse erforderlich. Kleide dich dem Wetter entsprechend und vergiss nicht Sonnencreme und einen Hut mitzubringen - für alle Fälle.

Mountainbiken

Cusco

Schwing dich in den Sattel und erkunde die Hügel rund um Cusco auf zwei Rädern. Die perfekte Mischung aus Naturerlebnis und Adrenalinkick. Wenn du möchtest, kannst du einen Ausflug ins Heilige Tal machen und unterwegs vielleicht eine Inka-Ruine besuchen.

Besuch im Archäologischen Museum

Cusco

10PEN pro Person

In diesem wundervollen Museum kannst du Artefakte aus dem Inka-Reich, einschließlich Mumien, Schmuck, Totenköpfe und Keramik bestaunen. Da Fotos hier nicht erlaubt sind, musst du dir die Bilder einfach besonders gut in deinem Kopf einprägen.

**Inbegriffene Mahlzeiten: Frühstück
Unterbringung
Hostelworld Kokopelli Cusco (oder Ähnliche)
Hostel**

Tag 11 Cusco

Abreise zu jeder Zeit möglich. Vielleicht willst du deinen Aufenthalt im Hostel und die gute Zeit in der Stadt ja aber auch um ein paar Tage verlängern.

Inbegriffene Mahlzeiten: Frühstück

What's Included

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Dein Foodie-Moment: Seafood Lunch at the beach, Cerro Azul. Fisch zum Mittagessen beim Strand in Cerro Azul. Sandboarding und Dune-Buggy-Ausflug zu einer Wüstenoase. Bootsausflug zur Tierwelt der Islas Ballestas. Insider-Rundgang durch Cusco mit peruanischem Mittagessen. Besuch der archäologischen Stätten Killarumiyoc und Iglesia Naupa. Wandern zum Wasserfall Perolnuyoc im Heiligen Tal. Zugfahrt nach Machu Picchu. Geführte Besichtigung von Machu Picchu. Alle Transfers zwischen den Reiseorten sowie zu inbegriffenen Aktivitäten und zurück.

Highlights

Iss am Strand frischen Fisch, fahre vor Sonnenuntergang mit Dune Buggys durch die Wüste, sieh Vögel und Seelöwen bei einem Bootsausflug zu den Islas Ballestas, lerne Cusco bei einer Insidertour hautnah kennen, sieh im Heiligen Tal einige weniger bekannte archäologische Stätten und wandere zu einem atemberaubenden Wasserfall, besuche die Tempel und Terrassen von Machu Picchu mit einem einheimischen Guide, nutze freie Zeit für optionale Aktivitäten

Dossier Disclaimer

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. NEW MACHU PICCHU REGULATIONS

Please note that regulations have been implemented for all visitors to Machu Picchu which require that different circuits be followed within the site as a way to relieve crowding. The new circuit-based entrance tickets are available on first come first serve basis. We will do all that is possible to get everyone traveling in a group on the same route, but be aware that it is possible that members of the same group might be visiting Machu Picchu on a different circuit and not be together during this visit. Rest assured that regardless of the circuit you will enjoy the beauty and grandeur of the site.

2. Please note that protocols in Peru may require that proof of double vaccination for COVID-19 be shown along with passport ID in order to board domestic flights, trains and also to gain entry into restaurants,

museums and attractions. We recommend keeping this info handy as these requirements can change without notice.

Group Leader Description

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

Group Size Notes

Max 24, avg 16

Meals Included

10 Frühstück, 3 Mittagessen

Meals

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. A typical breakfast may include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. While trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

Transport

Public bus, train, private van, plane.

Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Hostels (8 nts), Hotel (2 nts)

About Accommodation

Accommodation will be primarily in multi-share hostels (typically 6-8 people per room), with a choice of mixed gender and female-only dorms as well as available upgrades to twin-share rooms (same gender).

Some rooming exceptions may apply due to the unique nature of the itineraries and of the hostels themselves, which have been specifically chosen to give local flavour to your trip. Please see the full itinerary description and the Rooming Exception section below for any specific exceptions to the rooming that may apply to this tour.

Please note that hot water shortages and power outages can be fairly common in Peru (even in upgraded hotels and private homes). We appreciate your patience and understanding that these occurrences are outside of our control.

Joining Instructions

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

Jorge Chavez International Airport in Callao Lima, is approximately a 1 hour drive from the Barranco district, where our joining hostel is located. The easiest way to get there is via taxi. Immediately after the customs and immigration area, as you head to the exits, you will find an official taxi stand. You can pay for the car at set (approximately \$ USD) rates and won't need to worry about sorting out a ride outside the airport facilities, where the situation tends to get more chaotic, with many drivers vying for few clients. There are exchange facilities in the Arrivals area open 24 hours.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Once you arrive at your Joining Hotel, look out for a Welcome Note which will be left at reception with all of the necessary information regarding your Welcome Meeting, along with the meeting time (usually between 5pm and 7pm). This is when you will get a chance to meet your CEO and other travellers, receive information about any general and specific aspects of the trip and learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you arrive late, s/he/they will leave you a message detailing what time and where you should meet the next morning.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during an emergency situation, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650 or 01 241 1650 (from mobile within Peru) or 241 1650 (from payphone within Peru)

After hours Emergency number: +51 99 758 2712, (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

Most people automatically assume that the weather is hot in South America, but because of the higher altitude in the Andes, the temperature can feel quite cold, especially at night.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

Packing List

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

Light Hiking:

- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Sleeping bag liner/sleep sheet

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

Laundry

Laundry facilities are offered by some of our hostels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

Debit and credit cards are very useful for cash advances, but you must remember to bring your PIN number (be aware that many ATM machines only accept 4-digit PINs.). Both Cirrus and Plus system cards are the most widely accepted debit cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will work in all of the ATMs in Latin America due to their affiliation with certain card systems. Credit cards can be used in major cities and towns ONLY but please do not rely on them as a method of payment because they are generally not widely accepted. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money. A combination of US dollar cash and cards is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Optional Activities

Paracas

- Flug über die Nazca-Linien

Huacachina

- Sunset Sandboarding & Dune Buggies

Aguas Calientes

- Thermalquellenbesuch (6USD pro Person)
- Mandor Waterfall Hike (20PEN pro Person)

Inca Trail

- Genehmigungsantrag für die eintägige Wanderung auf dem Inka Trail

Cusco

- Ganztägige Wanderung auf dem Rainbow Mountain
- Stadtführung in Cusco (45PEN pro Person)
- Cusco Tourist Ticket (130PEN pro Person)
- Horseback Riding (150PEN pro Person)
- Mountainbiken
- Besuch im Archäologischen Museum (10PEN pro Person)

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can on set with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Minimum Age

Mindestalter für diese Reise sind 18 Jahre.

International Flights

Check-in-Zeiten und Freigepäck/Einschränkungen können je nach Fluggesellschaft variieren und sich jederzeit ändern. Für die aktuellsten Informationen zu deinem Flug wende dich bitte an deine Fluggesellschaft. Wir empfehlen Online-Check-in, um mögliche Verzögerungen am Flughafen zu vermeiden.