

TRAVEL ITINERARY AND EXTRA INFORMATION -9 DAY TOUR-



Hey Trutraveller! Paradise is awaiting you...

We thought we would give you some finer details to get you even more excited for your upcoming trip. In this itinerary, you have an outline of the day-to-day activities you get to experience, as well as the accommodation type and what's included from us. We have planned almost everything but we have left you some free time to go off and explore yourself...or just relax if that's more your style. There are many recommendations in this itinerary so you don't leave feeling like you have missed anything!

FLIGHT INFORMATION





Labuan Bajao (LBJ)



TRIP OVERVIEW

Day 1 Kuta Lombok meeting the group
Day 2 Kuta Lombok waterfalls
Day 3 Kuta Lombok beach day
Day 4 Sumbawa relax and recharge
Day 5 Moyo explore island and waterfalls
Day 6 Live-aboard boat explore islands
Day 7 Live-aboard boat island hopping
Day 8 Labuan bajo explore komodo island
Day 9 Flores chilled check out



♀ 🛛 🛛 Day 1 - Kuta Lombok

- MORNING: Welcome to the tour! If you have arranged it with our 'BeforeYou Go' team you will be picked up from the airport and taken to our first destination in Kuta Lombok.
- AFTERNOON: In the afternoon you'll be able to check in, explore the local area and maybe get to know some of your fellow TruFam! Then later in the evening you'll attend a group dinner where you will all get introduced to each other and your tour guide!



Optional activities in Kuta Lombok

If you arrive early, you can explore Kuta Lombok, there is a beach right in front of our hotel. You could also walk around the town. It is about a 12min walk from our hotel. It is a great local town with lots of lovely cafes to sit in and relax!



AIRPORT TRANSFER

Optional activities in Kuta Lombok

If we get back early from the waterfalls there is a lovely coffee shop about 10 mins away from our hotel called Mushroom coffee shop.

There is also a beach called Tanjung Ann and also you can walk to see the sunset on the top view point. **MORNING:** In the morning you will have a welcome

Day 2 - Kuta Lombok

talk from your group leader! We will then go to Sasak Village to learn about their culture and discover the art of weaving.

AFTERNOON: Then later we will go to the Benang Kelambu and Benang Stokel waterfalls, go for lunch at a local Warung restaurant. In the evening we will meet for a group dinner and explore Kuta Lombok by night!





Day 3 - Kuta Lombok

MORNING: Get ready! Today is a beach day! We will visit 2 beautiful beaches, Lancing Beach and Selong Belanak Beach

AFTERNOON: We will eat lunch at Aqia Warung and stay relaxing at the beach until around 4pm but if you want to stay longer to watch the sunset you can! You'll just have to pay for your own transport back.

Optional activities in Kuta lombok (day 3)

At the beach you can hire surfboards and take some lessons if you want! Just ask your tour guide and they will point you in the right direction!



Optional activities in sumbawa

Whilst you are in the beautiful Sumbawa make the most of the sunset on the beach! You wont regret it!

DAY 4 - Sumbawa

MORNING: Today we say goodbye to Kuta Lombok and do a tranfer to Sumbawa. Get your snacks and headphones ready for the journey!

AFTERNOON: Once we arrive in Sumbawa we can relax and get to know the local area. In the evening we will go to the hotel restaurant and your tour guide will give you an introduction to Sumbawa and information about the days to come.







💡 Day 5 - Moyo

- MORNING: We will sail to Moyo and visit the Mata Jitu waterfall. It is an absolutely stunning waterfall and we will get to spend some time there before heading back and going for lunch at Moyo Sunset
- AFTERNOON: After lunch we will head to the second waterfall called Dwai Mbai and we cna take a swim stop there too so bring your towels!



DAY 6 - LIVE-ABOARD BOAT

- MORNING: We will leave in the morning and stop for some snacks for the boat. We will sail to Satonda island, trek to the viewpoint and maybe even do some snorkelling depending on the currents.
- **AFTERNOON:** Overnight we will sail to Manta point. Get ready because the first night might be rocky, but you'll soon find your sea legs!



BREAKFAST, LUNCH AND DINNER

• Day 7 - Live-aboard boat

MORNING: For early risers within the group there will be an fantastic sunrise! We will arrive mid-morning and potentially see some Manta Rays - keep your fingers crossed!

AFTERNOON: We will spend the afternoon on pink beach and relaxing on the shore! Then we will go back to the boat, have dinner and sail to padar island to dock overnight. As we are docking we will have a party/games night if you wish!

4 PERSON CABIN







👂 Day 9 - Labuan Bajo

- MORNING: It's the day you have been waiting for.... it's Padar view point and Komodo day!! We will do a sunrise trek to Padar view point, go back to the boat for breakfast and then go toRinca Islan to see the Komodo Dragon
- AFTERNOON: In the afternoon we will sail back to mainland and check into our hotel. You can explore the local area and do a bit of shopping nearby or just relax by the pool!
 - We will then have a farewell dinner in the evening and reminise about the incredible trip we have had!





Don't forgt to tip the boat staff who worked so hard to make us all happy! Your tour leader will suggest an amount

Day 9 - Flores

MORNING: After a final group breakfast its time to say goodbye! Whether you have further travels planned or are returning home, your tour guide will be able to help you with your next steps!

