

CAMBODIA INTRO





Cambodia Intro is the most amazing way to experience Cambodia! You'll discover the bustling capital of Phnom Penh, meet the friendly locals, sample delicious street food, experience the stunning white sands of Koh Rong Sanloem, snorkel in crystal clear water, relax on beautiful beaches, explore the mind-blowing Angkor Wat - the world's largest temple, discover fascinating local culture and history, party the night away and much more. Plus you'll have an awesome group leader with you from the moment your trip starts, an instant group of friends to share your adventure with and help with all your onward travel. Get ready for the trip of a lifetime!

PHNOM PENH → SIEM REAP

Transport: Tuk Tuks, Minivan, Train

Boat, Overnight Bus.

Meals: 9B, 1L, 1D Group size: 4 - 22 Age Range: 18 - 39

Local Fees: None

HIGHLIGHTS

- Take a tuk tuk tour through the bustling streets of Cambodia's capital, Phnom Penh
- Join a local guide for a sombering tour of the S21 Prison and Killing Fields
- Enjoy country life in the peaceful town of Kampot
- Dig your toes in the sand in the tropical island paradise of Koh Rong Sanleom
- Explore one of the 7 Ancient Wonders of the World, Angkor Wat



INCLUSIONS

- ✓ Personal Airport Pickup To The Hotel 24/7
- √ 9 Nights Accommodation
- √ 11 Meals
- ✓ All Transport
- ✓ Awesome Group Leader
- √ Tuk Tuk Tour of Phnom Penh
- ✓ S21 Prison With Local Guide
- √ Tour of the Killing Fields
- √ River Kayaking
- ✓ Pepper Plantation
- √ Khmer Cooking Class
- √ River Cruise
- √ Koh Rong Sanleom Boat Trip
- √ Snorkelling
- √ Floating Villages
- ✓ Angkor Wat Sunrise Temple Tour
- √ Help with Onward Travel



Flights, travel insurance, visas & some meals







ITINERARY & IMPORTANT INFO

DAY 1 - ARRIVE IN PHNOM PENH

• PHNOM PENH When you land in Phnom Penh after your flight we'll be at the airport to meet you and take you to the hotel. You'll have plenty of time to recover from your flight, chill out and meet your group. That night we'll head out for dinner and drinks.

DAY 2 - TUK TUK TOUR & CAMBODIAN HISTORY

• PHNOM PENH After a tuk tuk tour through the crazy streets of Phnom Penh, we'll make two important stops at the S21 Prison and the original Killing Fields to learn about the dark history of this fascinating country. A difficult day, but a must to properly understand the journey of the Cambodian people in recent decades. That evening we'll head for dinner and drinks, followed by some of Phnom Penh's best nightlife.

DAY 3 - KAMPOT & KAYAKING

• KAMPOT Today we get off the beaten path and head to the peaceful countryside province of Kampot. The next two nights are spent by the beautiful riverside with plenty of time for swimming and relaxing. That afternoon we'll kayak down the river and soak up the laid back daily life of the locals

DAY 4 - PEPPER PLANTATION & COOKING CLASS

• KAMPOT Kampot is known to have some of the best pepper in the world! So this morning we'll explore the local markets to source ingredients for our traditional Khmer cooking class. Later that day we'll learn first hand how to make some of Cambodia's most authentic and delicious meals! We'll then get to explore the pepper plantation before heading out on a stunning river cruise.

DAY 5 - KOH RONG SANLOEM

• KOH RONG SANLOEM It's now time to experience the most beautiful beaches in Cambodia! We'll take a train and a fast ferry to the stunning tropical island of Koh Rong Sanloem and check into our island accommodation owned by the Chief of the village. The afternoon can be spent lazing on the beach or exploring the island, before we head out for dinner and drinks!

DAY 6 - SNORKELLING ADVENTURE

• KOH RONG SANLOEM All aboard our private long tail boat to some of the best snorkel spots around the islands, including some beautiful secluded beaches. This evening's sunset will be the perfect time to reflect on another ridiculously awesome day together.

DAY 7 - CHILL OUT & OVERNIGHT BUS

• KOH RONG SANLOEM This morning we'll enjoy our final day on the island relaxing on the beach. We'll then catch the ferry back to the mainland for dinner before boarding an overnight bus bound for Siem Reap. With fully reclining beds and air con, this is bus travelling in style.

DAY 8 - SIEM REAP & FLOATING VILLAGES

• SIEM REAP Arrive in Siem Reap early in the morning. From there we'll venture out to the rural areas and discover some traditional floating villages surrounded by lush rice fields, lotus flowers and flooded forests.

DAY 9 - ANGKOR WAT

• SIEM REAP We'll wake for sunrise and travel by tuk tuk to the absolutely mind-blowing and world famous Angkor Wat; the largest temple in the world! A local guide will join us to explain the fascinating history and surrounding temples, including Ta Prohm where Tomb Raider was filmed. Tonight we'll head out for our farewell dinner and final night out!

DAY 10 - DEPART SIEM REAP OR EXTEND YOUR STAY

• SIEM REAP Your amazing 10 day adventure of Cambodia finishes in Siem Reap. We'll help you plan and organise your onward travel.

ARRIVAL INFORMATION

It's best to arrive on the actual start date. There are no activities on the first day, so you can arrive at any time. If you do arrive early we'll still pick you up from the airport and will book you into our hotel in Phnom Penh from the day you arrive. Extra nights can be pre-paid with your agent or direct to us.

AFTER CAMBODIA INTRO

Cambodia Intro finishes in Siem Reap. If you're staying on longer in SE Asia, your group leader will help organise your onward travel including extra nights in Siem Reap and airport transfers. It will take around 30 minutes to get to Siem Reap airport and will cost around \$6 USD.

VISAS

It's important you check your visa requirements for Cambodia before arriving on the trip. Most nationalities are able to get a visa on arrival in Cambodia. The visa on arrival for a maximum of 30 days costs approx. \$35 USD and will be payable upon arrival in Cambodia. Some nationalities may need to make advance arrangements.

Please note that while the above information is currently accurate, visa rules can often change so it's always best to double-check before departing. If you're unsure of your visa requirements or need any help just contact us.

TRAVEL INSURANCE

Travel insurance for Cambodia is compulsory to join Cambodia Intro. Your group leader will ask to see proof of your cover before your trip begins. You can organise a quote and policy for yourself here.







ACCOMMODATION GUIDE

PHNOM PENH - MONSOON BASSAC HOTEL 2 NIGHTS

A boutique hotel in the heart of Phnom Penh.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Laundry

Pool, Restaurant & Bar

KAMPOT - SALTY RIVER GUESTHOUSE

2 NIGHTS

Traditional guesthouse, right by the river.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Free Kayak Hire

KOH RONG SANLOEM - M'PHAI BEI RESORT

2 NIGHTS

Beautiful bungalows close to the beach.

Twin/Double/Triple Rooms

Ensuite

Air Con

Restaurant & Bar

OVERNIGHT BUS - GIANT IBIS

1 NIGHT

A bed on a comfortable bus.

Single/Shared Double Bed

Bathroom onboard

Air Con

SIEM REAP - LUB D HOSTEL

2 NIGHTS

Private rooms in a funky hostel.

Twin/Double Rooms

Ensuite

WiFi & Air Con

Swimming Pool, Bar & Restaurant



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.





SUSTAINABLE TRAVEL



PROTECTING THE ENVIRONMENT



SUPPORTING LOCAL COMMUNITIES



CULTURAL EXCHANGE & EDUCATION



ANIMAL WELFARE

Making a positive difference to the amazing destinations we travel is at the core of what we do.

Small Change is our own socially conscious initiative aimed at making the world that little bit better place to explore!

Click here to learn more!



WE'RE PLANTING 10 TREES FOR EVERY INTRO TRAVEL BOOKING!





DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends! Most of our accommodation is twin or double share, so we will put you in a room with someone of the same gender.



CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose <u>Cambodia</u>.



WHEN IS THE BEST TIME TO VISIT CAMBODIA?

It's always a good time to go travelling in Cambodia as it's usually warm all year round. There's a slightly higher chance of rain from May to October but that's usually a brief downpour in the afternoon followed by sunshine. The rest of the year is generally hot and dry.



HOW MUCH SPENDING MONEY WILL I NEED?

All your activities, accommodation, transport and some meals are included with Cambodia Intro, so you'll just need money for some meals, drinks, shopping and any onward travel. We recommend you bring at least £300 / \$500 spending money. USD is accepted everywhere and much easier to get.



HOW WILL I ACCESS MY MONEY WHILE I'M AWAY?

We recommend getting a travel currency card through <u>Wise</u>. You can use the Wise card almost everywhere and withdraw cash and use it with Google or Apple Pay. If you transfer your money into the local currency, you can avoid paying foreign exchange fees when you use the card. There are ATM's available throughout Cambodia so it's easy to get access to cash. Some places accept credit card but not all



IS THERE WI-FI THROUGHOUT THE TRIP?

Most accommodations we stay at have free Wi-Fi available. Cambodia's network quality is often lower than you're used to but you can generally connect and do basic stuff.



WHAT LUGGAGE DO YOU RECOMMEND?

We always recommend travelling with a backpack and packing light! 10-20kgs of stuff should be plenty. It's generally quite hot in Cambodia so dragging around a huge suitcase is not much fun. There is luggage storage at the airport or at some accommodations if needed.



WHAT POWER OUTLETS ARE USED?

Cambodia generally us plug types, A, C and G. Plug type A is the plug which has two flat parallel pins, plug type C is the plug which has two round pins and plug type G is the plug with three rectangular pins, in a triangular pattern.



TERMS & CONDITIONS

For the full set of terms & conditions for our tours including your responsibilities as a traveller with us, please see the Terms & Conditions section of our website.

That's about it for now!

Once you've booked you'll get access to 'Manage My Booking' and the INTRO Travel App, which will give you all the information you'll need on Cambodia and Cambodia Intro, so you can just relax and enjoy the experience.

Of course if you have an more questions just contact us. We're happy to help!