



HEY TRUTRAVELLER! PARADISE IS AWAITING YOU...

We thought we would give you some finer details to get you even more excited for your upcoming trip. In this itinerary, you have an outline of the day-to-day activities you get to experience, as well as the accommodation type and what's included from us. We have planned almost everything but we have left you some free time to go off and explore yourself...or just relax if that's more your style. There are many recommendations in this itinerary so you don't leave feeling like you have missed anything!

FLIGHT INFORMATION



SUARNABHUMI (BKK) / DON MUANG (DMK)



KOH SAMUI (USM)

TRIP OVERVIEW

- DAY 1 BANGKOK** meeting the group
- DAY 2 BANGKOK** exploring Bangkok
- DAY 3 BANGKOK** massage and train
- DAY 4 TRAVEL TO KHAO SOK** Khao Sok
- DAY 5 KHAO SOK/ BOTTLE BEACH**
- DAY 6 KOH PHANGAN** muay thai lesson
- DAY 7 KOH PHANGAN** boat trip and snorkelling
- DAY 8 KOH PHANGAN** full moon party
- DAY 9 KOH PHANGAN** relaxing day
- DAY 10 CHILLED CHECK OUT**





TRAVEL ITINERARY AND EXTRA INFORMATION -10 DAY TOUR-



OPTIONAL ACTIVITIES

Once again, if you're an early bird and haven't got a chance to explore the old town, try some amazing local coffee, do some souvenir shopping for your loved ones back home, here's your chance! Get a nice Thai massage, you probably need it after your adventure!



DAY 2 - BANGKOK

MORNING: You're back in Bangkok and it is time to explore the city by TukTuk! We will have some breakfast in the morning and then head to some amazing temples!



DAY 1 - BANGKOK

MORNING: Welcome to Bangkok. You're in Thailand baby. Check in, explore, chill, connect with others on the group, drink your first Chang... Today all your fellow Trutravellers will be arriving and checking in, if they haven't already.

AFTERNOON: Later this evening your Travel Ninja will arrange a time and place for everyone to meet up for the first night out together. Keep a look out on the group chat for details

AFTERNOON: We will then jump on some boats and explore more of the city on the water. The rest of the afternoon is yours to use to explore at your own pace. Explore some markets, cafes or get a massage - it's up to you!



TEMPLES



DAY 3 - BANGKOK/KHAO SOK



AIRPORT PICK UP

MORNING: Today we are leaving Bangkok and heading to the South! In the morning we will check out after breakfast. Then we will have a massage so everyone can relax and get ready for the journey

AFTERNOON: Early afternoon we will leave for the train station. Fill up your water bottles and grab your snacks ready for the journey!

THINGS TO REMEMBER

Always wear something comfortable on the Thai Trains. Also consider bringing a hoodie too because It can get quite cold on the train s due to the A/C. The journey to Khao Sok should take around 14 hours and everyone will get a fold down bed to sleep on.



BREAKFAST



MASSAGE



OVERNIGHT TRAIN





TRAVEL ITINERARY AND EXTRA INFORMATION -10 DAY TOUR-

DAY 4 - KHAO SOK

MORNING: You made it to the south! It's super chilled down here, get ready for some beautifully relaxing days. Once we arrive at our station we will get into our private mini vans and head to the national park.

AFTERNOON: When we arrive we can chill, crack open a beer and explore the area in kayaks.



LUNCH AND DINNER



KAYAKING AND SWIMMING

DAY 5 - KOH PHANGAN



MORNING: This morning we will soak in the beauty of the national park and get ready to move to our next stop. Bottle beach is such an incredible spot and we can't wait for you to experience the bottle beach bungalows.

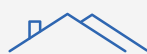
AFTERNOON: When we arrive in Koh Phangan we will take in our surroundings and enjoy the ocean.



BREAKFAST



TRAVEL TO KOH PHANGAN



BOTTLE BEACH BUNGALOWS



OPTIONAL ACTIVITIES

In Koh Phangan you can relax in a hammock, enjoy a coffee in a local cafe, swim in the ocean or if you are feeling adventurous take a morning hike to the view point.

DAY 6 - KOH PHANGAN

MORNING: The morning is free for you to explore as you wish. Ask your travel guide for some suggestions and pointers for the best cafes to grab something to or drink.

AFTERNOON: We will leave bottle beach in the afternoon and head over to our Muay Thai Class.



BOTTLE BEACH VIEWPOINT HIKE



MUAY THAI CLASS

DAY 7 - KOH PHANGAN

MORNING: We will have a delicious breakfast at the beachfront restaurant and then head off on our boat trip to visit some top spots around the island.

AFTERNOON: We will spend the afternoon snorkelling and relaxing on the boat. Lunch and all the snorkelling equipment will be provided on the boat



LUNCH



BOAT TRIP AND SNORKELLING



TRAVEL ITINERARY AND EXTRA INFORMATION

-10 DAY TOUR-



DAY 8 - KOH PHANGAN

DURING THE DAY: Ready for the BIG day? We'll get you warmed up with a nice road trip to some of Koh Phangan's coolest beaches for some swimming, sunbathing and amazing viewpoints!

Once we get back you can start getting ready for the big night! Get some body paint on, get your full moon party outfit on and lets meet up for some dinner pre drinks before we head over to the Full Moon Party!

EVENING: Your group leader will confirm the taxi times with you before we all head over to the party and have the most amazing nights of your life at one of the world's most famous beach parties!

Hop from bar to bar and dance the night away! Your group leader will sort out a taxi back to the hotel, but there are plenty of taxis available if you choose to leave early.



FULL MOON PARTY AND TAXI



DAY 9 - KOH PHANGAN

MORNING: Feeling rough from the big night? If you watched sunrise this morning, you definitely want a bit of a lie in today! Don't worry, feel free to enjoy the morning sleeping in, chilling by the pool or however you like to spend your hangover days!

AFTERNOON: We will leave bottle beach in the afternoon and head over to our Muay Thai Class.



MASSAGE



DAY 10 - KOH PHANGAN

MORNING: Today there might be some tears...It's going to be sad but think of what a wonderful time you have all had and all the incredible memories you have shared! See you all soon and we hope you have safe and fun onward journey!



HELP WITH ONWARD TRAVEL