



# BALI BLISS

## HEY TRU TRAVELLER! PARADISE IS WAITING FOR YOU...

We thought we would give you some finer details to get you even more excited for your upcoming trip. In this itinerary, you have an outline of the day-to-day activities you get to experience, as well as the accommodation type and what's included from us. We have planned almost everything but we have left you some free time to go off and explore yourself...or just relax if that's more your style. There are many recommendations in this itinerary so you don't leave feeling like you have missed anything!

### FLIGHT INFORMATION



**NGURAH RAI INTERNATIONAL  
AIRPORT (DPS)**



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### TRIP OVERVIEW

- DAY 1 SEMINYAK** meeting the group
- DAY 2 SEMINYAK** cocktails and insta hotspots
- DAY 3 UBUD** Ubud exploring!
- DAY 4 UBUD** bubbles and volcano treks
- DAY 5 UBUD** cooking class
- DAY 6 NUSA LEMBONGAN** exploring the island
- DAY 7 NUSA LEMBONGAN** island hopping
- DAY 8 NUSA LEMBONGAN** surfing and scenic views
- DAY 9 SEMINYAK** head back to base
- DAY 10 SEMINYAK** Home time :(





**DAY 1 -**

**SEMINYAK**

**WELCOME TO THE ISLAND OF THE GODS. YOU'RE IN BALI BABY!**

**ALL DAY:** Check in, explore, chill, connect with others in the group, drink your first Bintang... Today all your fellow Trutravellers will be arriving and checking in, if they haven't already.

**EVENING:** Your Travel Ninja will arrange a time and place for everyone to meet up for the first night out together (usually around sunset time). Keep a look out in the group chat for details.

**AIRPORT PICKUP**



**TIP**  
For getting around use the "Grab taxi or Gojek app"



**TWIN SHARE 5\* HOTEL**

**OPTIONAL ACTIVITIES**

If you arrive early, you have the option to explore Seminyak. This area is very safe, full of amazing **cafe's and bars**.

Why not check out Canggu too and the beachfront which has **surf boards** to rent and lots of bars to choose between.

If you're feeling active, you can go to one of the **gyms** close by and try out some classes e.g: **boxing or Muay Thai**

**Want to get involved in a beach clean?** Check out Trash Hero Canggu for their schedule.  
Or volunteer and walk some dogs at **Bali Bully rescue**.



**DAY 2 -**

**SEMINYAK**

**RISE AND SHINE ON YOUR FIRST FULL DAY WITH TRUTRAVELS...**

**MORNING:** We're going to fully immerse ourselves in Bali's rich culture and visit the Uluwatu Cliff Temple!

**AFTERNOON:** When we return in the afternoon there's a few hours of free time to explore or relax.

**EVENING:** Then we meet back up for dinner and we will see where the night takes us!

**OPTIONAL ACTIVITIES**

Some great beach clubs nearby include Finns beach club and Potato Head!

Or if you fancy a bit of shopping Seminyak square is a fabulous place to spend a few hours!

**DON'T FORGET TO DRESS APPROPRIATELY AND BRING WATER AND SUNCREAM.**



**TWIN SHARE 5\* HOTEL**



**BREAKFAST**



**TEMPLE VISIT**



**RETURN TRANSPORT**



DAY 3 -

UBUD



TWIN SHARE 5\* HOTEL

**LET'S CHILL...**

**MORNING:** Today we're heading to Ubud. On the way we will visit the iconic rice terraces and get some great photos for the gram!

**REST OF THE DAY:** We arrive to Ubud in the mid afternoon, and after check in you have free time to explore. Ubud is famous for being Zen as well as the home of crafts - with plenty of yoga and meditation classes happening hourly, and markets and shops displaying handmade gifts.



**BREAKFAST**



**RICE TERRACE**

**TIP**  
A "**Warung**" is the name given to a local restaurant.

**OPTIONAL ACTIVITIES**

The monkey forest is a tourist favourite and always makes a great visit!

There are lots of local markets and some designer shops too.

If you want to chill there are countless places to get a massage or do a relaxation/meditation class.



**FANCY A BITE TO EAT IN UBUD?**

There are lots of **cute and healthy cafes** around the hotel in walking distance such as **Seeds of life Cafe, Ely's Kitchen and Kafe**

The local Warungs's are usually super cheap, and delicious food. Your tour guide will be able to recommend one close to the hotel.

**OR WANT A CAFFEINE HIT?**

For the best coffee close by check out **Monkey Cave Espresso**.



**DAY 4 - UBUD**

**GOOD MORNING, RISE AND SHINE.**

**MORNING:** This morning we are becoming explorers and pushing ourselves out of our comfort zone! We are climbing Mount Batur! It will be around 2 hours to the top and we will watch the colourful sunrise break through the clouds. To celebrate our achievements we will be popping bottles at the top!

**AFTERNOON:** In the afternoon we will have a chilled one, we can catch up on sleep, get a massage or if you have an urge to explore some more you can!



**TWIN SHARE 5\* HOTEL**



**BREAKFAST**



**DAY 5 - UBUD**

**PREPARE THE CHEFS WHITES AND SHARPEN THE KNIVES!**

**MORNING:** Before we head to our cooking class today, we're first going to visit the local markets, before heading to the family home of our teacher, where we will prepare and cook some traditional Balinese dishes.

**EVENING:** To finish off our day, we will have dinner and head OUT OUT to watch a traditional Balinese Kecak Fire Dancing show!

**OPTIONAL ACTIVITIES**

Check out **Ubud market**... Its the best place to buy gifts for friends and family back home.

You can usually barter the price, just remember to be fair and kind when bartering.

Don't fancy shopping? Then check out **Cretya Ubud** - One of the most impressive pool bars built around rice terraces.



**TWIN SHARE 5\* HOTEL**



**BREAKFAST**



**COOKING CLASS**



**FIRE DANCE TICKETS**



**TWIN SHARE 5\* HOTEL**



**BREAKFAST**



**TRANSPORT**



**PADDLE BOARDING**



**DAY 6 - NUSA LEMBONGAN**

**ISLAND LIFE IS CALLING!!!**

**MORNING:** We will be leaving the hotel early to head to our next destination! It is going to be truly stunning so get ready.

**AFTERNOON:** After chilling at the new hotel we will try some stand up paddle boarding and to make it even better this will be through the majestic mangroves!

**EVENING:** To finish off this bucket list day we will watch the sunset and head to one of the island's best restaurants for dinner!



**DAY 7 - NUSA LEMBONGAN**

**LET'S EXPLORE THE SEA!**

**MORNING:** Today we start the day with breakfast, you'll need some energy! We will then get onto our private boat and swim with the gentle giants of the sea - the manta rays! Keep your fingers crossed we get a good look at these beautiful creatures.

**AFTERNOON:** We will then head to Nusa Penida and Kelingking Beach Viewpoint! This is an iconic photo spot so get your cameras ready!

**EVENING:** We will then have a group dinner and of course grab a few beers and cocktails!



**TWIN SHARE 5\* HOTEL**



**BREAKFAST AND LUNCH**



**BOAT, TRANSPORT AND SNORKELLING**



**DAY 8 - NUSA LEMBONGAN**

**SURF'S UP!**

**DURING THE DAY:** Today is the day you have all been waiting for! It's time to surf!!! After a morning of living our best surfer life we will chill by the pool and recover and reflect on our new surfing super power!



**BREAKFAST**



**SURFING**



**TWIN SHARE 5\* HOTEL**

**IF YOU HAVE A WATERPROOF CAMERA - THEN TODAY IS THE DAY TO GET SOME AMAZING SHOTS!**



**DAY 9 - SEMINYAK**

**SURF'S UP!**

**MORNING:** This morning we will catch the ferry back to mainland Bali and drive to Seminyak!

**AFTERNOON:** This afternoon is yours to do as you please and a chance to do all the things you missed first time round!

**EVENING:** Tonight we will have our final group meal and reflect on an incredible tour - we're not crying, you are...



**BREAKFAST**



**TWIN SHARE 5\* HOTEL**

**MAKE SURE YOU WEAR PLENTY OF SUN CREAM, AND TRY TO APPLY 1 HOUR BEFORE GETTING INTO THE WATER - SO NOT TO DAMAGE THE MARINE LIFE.**

**DAY 10 - SEMINYAK**

**TIME TO SAY GOODBYE...**

It's a day for sore heads and emotional goodbyes as we're at the end of the tour. Fear not though, this may not be the end of your adventure and if not, our Travel Ninjas know Southeast Asia like the back of their hand and can advise you on what and where to next.

If it is time to depart this part of the world, then allow yourself to be sad about it, but promise us you'll come back for more? It's a very easy promise to keep in truth. You're now a lifelong member of the TruFam and by now, you'll know how big a deal that is. See you soon!



**BREAKFAST**



**HELP WITH ONWARD TRAVEL**