



EPIC EAST COAST

HEY TRU TRAVELLER! PARADISE IS WAITING FOR YOU...

We thought we would give you some finer details to get you even more excited for your upcoming trip. In this itinerary, you have an outline of the day-to-day activities you get to experience, as well as the accommodation type and what's included from us. We have planned almost everything but we have left you some free time to go off and explore yourself...or just relax if that's more your style. There are many recommendations in this itinerary so you don't leave feeling like you have missed anything!

FLIGHT INFORMATION



SYDNEY (SYD)



PROSERPINE (PPP)

TRIP OVERVIEW

- DAY 1 SYDNEY** Meeting the group
- DAY 2 SYDNEY** Exploring Sydney & Bondi Beach
- DAY 3 SPOT X** Spot X Surfing
- DAY 4 SPOT X** Surf School - Ride Those Waves
- DAY 5 BYRON BAY** Sea Kayaking
- DAY 6 BYRON BAY** Beach Exploring
- DAY 7 SURFERS PARADISE** Party Time
- DAY 8 NOOSA** Noosa Is Calling!
- DAY 9 NOOSA** Noosa Everglades Cruisin'
- DAY 10 K'GARI ISLAND** Island Adventure!
- DAY 11 BRISBANE** From Noosa To Brisbane



- DAY 12 BRISBANE** Exploring & Beer Tasting
- DAY 13 AIRLIE BEACH AND WHITSUNDAYS**
- DAY 14 AIRLIE BEACH** Whitehaven Paradise
- DAY 15 AIRLIE BEACH** Sailing The Whitsundays
- DAY 16 CHILLED CHECKOUT**



TRAVEL ITINERARY AND EXTRA INFORMATION

-16 DAY TOUR-



DAY 1

SYDNEY

DURING THE DAY Welcome to Australia baby!!! You're in SYDNEY so check in, explore, chill out, meet up with others in the group, sip on your first of many tinnies.... Today all your fellow TruTravellers will be arriving and checking in if they haven't already

EVENING Your Travel Ninja will arrange a time and place for everyone to meet up for the first dinner and night out together (usually around sunset time). Keep a look out in the group chat for details.



DAY 3

SPOT X

DURING THE DAY Today were heading north to our awesome surf camp destination... We will be getting a 9 hour train so download some netflix or get some Z's after last nights big one. Departure time for this day will be early so be prepared to meet downstairs at 6am!!! We will be getting picked up by the surf camp courtesy bus and stopping off at a bottle-o and supermarket on the way as the camp is BYO and snacks are always a necessity.

Once we get to the surf camp we will check in and explore what Spot X has to offer. It's a free afternoon so let's mingle, play some pool or take a walk along the beach. Dinner is included and it's family dinner style by the campfire!



DAY 2

SYDNEY

RISE AND SHINE!

MORNING We're going to fully immerse ourselves in what Sydney has to offer so be prepared for an awesome day! This morning breakfast is not included but head down to Roy's Cafe, which is on the ground floor of the hostel, for a filling breakfast before we meet up to explore the Botanical Gardens, Sydney Opera House, Harbour Bridge and Bondi Beach! Your Travel Ninja will confirm timings.

AFTERNOON When we return in the afternoon there's a few hours of free time to explore or relax.



TOUR OF THE BOTANICAL GARDENS



PUBLIC TRANSPORT



1 x DINNER



TRAVEL ITINERARY AND EXTRA INFORMATION -16 DAY TOUR-



DAY 4

SPOT X

MORNING Good morning, rise and shine TruSurfers. After breakfast we're going to jump straight into our awesome 2.5 hour surf lesson with the amazing instructors. Catch some gnarly waves and soak up the aussie surfer vibes. Once we've finished our surf lesson we have some time to freshen up for a buffet style lunch prepared by the camp.

AFTERNOON We then have a few hours of down time before we meet for our Kangaroo trek. That's right, KANGAROOS. We'll meet with our aweeeeesome guide who will take us along the beach and into the camping ground where you'll get to see some roo's and learn about some native Australian bushland and we promise it won't be boring. After the tour we will head back to base and tuck into a buffet style dinner, followed by a game of trivia!



1 x BREAKFAST, 1 x LUNCH, 1 x DINNER



SURF LESSON & KANGAROO TREK



DAY 5 BYRON BAY

MORNING And it's another early one for us TruFam! Let's grab some early breakfast in the common area and be packed and ready to board the bus to BYRON BAY by 8:25. We'll head up north for about 2 hours in our private bus to our beautiful next hostel where we will drop our bags and walk straight to our kayaking session. If we are lucky we will be able to see some pods of whales passing through, dolphins and turtles!! Maybe even Zac Efron's house too!

AFTERNOON The rest of the day is yours to enjoy, so check out what boutiques Byron has to offer before we meet back up for dinner and some bevs in the evening.



SEA KAYAKING



1 x BREAKFAST



DAY 6

BYRON BAY

DURING THE DAY This morning we can all meet for an optional breakfast and then make our way to the Byron lighthouse by foot. It's about a 45 minute walk there but the views are worth it.

Once we get back it's a free day, so hit the beach, borrow a surfboard from the hostel, do some shopping and explore Byron before we meet up again for optional dinner and a night out. Tomorrow we leave in the morning for Surfers Paradise - so pack your bags in the evening to save yourself the hassle in the morning.



1 x BREAKFAST, 1 x DINNER



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-16 DAY TOUR-

DAY 7 SURFER'S PARADISE

MORNING Surfers here we come. Today we have a mid morning transfer to the heart and soul of the Gold Coast in QLD, Surfers Paradise. Your Travel Ninja will confirm all of the timings - but typically we arrive around midday. As we cross the border from NSW to QLD we will have to change our clocks one hour backwards as daylight savings is not in QLD.

AFTERNOON The rest of the afternoon is yours to enjoy - Chill by the pool, walk down Cavill avenue or hit the beach with beautiful skyline views. Tonight we'll meet downstairs for some games, then head out to dinner at El Camino where you can choose from what feels like 1000 different margarita flavours.

DAY 9 BYRON BAY

DURING THE DAY This morning we will have an early morning as we head to the bus stop for us to get picked up and taken to the Noosa Everglades! It's about a 30-45 minute drive to Habitat eco-safari where we will meet our fellow evergladers and hop on the boat. We'll be taken on about an hour boat trip to Harry's Hut where we will have morning tea provided. Here is where you can choose to swim in the everglade springwater and feel verrrry refreshed. Once we are done swimming we will be canoeing back about 5 kms where we will then jump back onto the boat and taken back to base.

Once we are back at base and have worked up and appetite you can order food from the bistro and even do a beer tasting from the eco-brewery that they have there. They actually use the spring water in the everglades to make the beer! Once we're full we will hop on the bus and be taken back to Noosa. It is a free afternoon but I suggest heading straight down the Noosa beach and exploring what Hastings Street has to offer. It's then an early night as we have to be up super early tomorrow for our Fraser Island ADVENTURE!

DAY 8 NOOSA

DURING THE DAY This morning we will say goodbye to the Gold Coast and say hellloooooo to the Sunshine Coast where we will be staying at our bouuuuie hostel in Noosa! It's about a 3 hour drive from Surfers to Noosa but we will be stopping for lunch along the way. Keep an eye out for Brisbane city too as we pass through. You will have a few hours to chill and soak up the unmatched vibes the hostel has to offer before we team up again in the evening for dinner and drinks.



1 x BREAKFAST



**EVERGLADES
BOAT TRIP**



ECO BREWERY



TRAVEL ITINERARY AND EXTRA INFORMATION

-16 DAY TOUR-

DAY 10 K'GARI (FRASER ISLAND)

DURING THE DAY: Riiiiise and shine it's Fraser Island Day! We will be meeting downstairs super early at 5:30 am for a 5:45am pick up! We will be picked up in a 4WD bus and taken about 2 hours north to Rainbow Beach where the bus will drive onto the ferry and taken over to Fraser Island. We will spend the day driving through the island on the bus through bumpy sand tracks and drive along the beach, which is actually classified as a highway!! Throughout the day we will visit the famous Lake McKenzie and Central Station and spot some wild dingoes!! It will be a long day in the bus and we will be back at the hostel around 7pm!



1 x LUNCH

DAY 12 BRISBANE

DURING THE DAY Today we have a free day in Brisbane so today would be the perfect day to take a train out to the world famous AUSTRALIA ZOO!!!! This is an optional activity and your Travel Ninja will help facilitate your tickets and getting you there! If the zoo isn't your thing then you can hop on a train and head south of Brisbane to Stradbroke Island! The island is a beautiful haven with many amazing views, you're guaranteed to have an amazing yet relaxing day. If neither of these things are your things then feel free to hit up the rooftop pool and bar, go on a shopping spree or take a walk in Roma St Parklands, just a few minute walk from the hostel. Tonight for dinner we will head to an amazing Thai restaurant in the heart of the city before we head home and pack our bags for our flight to Airlie Beach tomorrow!!

DAY 11 BRISBANE

MORNING Today we sadly say goodbye to beautiful Noosa and hop on our private bus to Brisbane aka Brisvegas!! We have about a 2 hour drive to Brisbane where we will be dropped off at our hostel. Once we get dropped off we will drop our bags and head out for a walking tour of Brisbane including Southbank, the botanical gardens and Queen St Mall. From there we will be participating in optional bowling in Queen St mall. After our walking tour we will head back to the hostel, check in, freshen up and head down to Felons Brewery for dinner and drinks! Included is a tasting board of beers brewed at Felons!

AFTERNOON Once we've tasted the fresh beer and have gotten our cute pics of Brisbane city we will head into Fortitude Valley, the nightlife precinct of Brisbane and hit up a couple bars/clubs. Our first stop will be a really fun arcade game bar where we can get our healthy competitive sides out and get a lil buzz going on before we hit up some clubs and have a boogie!



**BRISBANE ORIENTATION
WALK AND BREWERY**

THINGS TO KNOW...

Walking around Brisbane today you will definitely want to apply some sunscreen as it's very likely that it's going to be a sunny one! Did you know that Brisbane has around 300 days of sunshine a year!

For tonight's events we are going out, so please make sure you bring your ID with you as the clubs in Brisbane require them to be checked before we enter. You can use your driving licence from your home country so no need to worry about bringing your passport on a night out!



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DAY 13

AIRLIE BEACH

MORNING This morning is super exciting because we are catching our flight to the beauuuutiful, tropical Airlie Beach! We will be hopping on the train to the airport after we check out of the hostel. At the airport we will grab a bite to eat before boardng the plane! Once we land in beautiful North Queensland we will hop on the bus to our hostel which will be about an hour.

AFTERNOON When we arrive to the hostel we will check in and drop our bags and explore what the strip of Airlie beach has to offer, especially the lagoon! After we head out for dinner we will head to Boatys and join in on the wiiiildest bingo you will ever participate in!



**FLIGHT TO
PROSERPINE**



1 x BREAKFAST

THINGS TO KNOW...

Take a dip in the man made lagoon along the beach to cool down and relax after out flight!

If you're feeling peckish, try out Treehouse restaurant which is just alongside the lagoon. Please don't go swimming in the beach at Airlie as you can only go in with a stinger suit!

Go for a wander down the main strip of Airlie Beach and check out all the sailing boats in the marina!



DAY 14

AIRLIE BEACH

MORNING Today is going to be one of those "OMG AUSTRALIA IS AMAZING" kind of days!!! We will be boarding a speed boat at the marina and be taken to 2 snorkel locations in the Great Barrier Reef!!!! After we have swam with the colourful fishes and exploring the beautiful coral life, we will be dropped off to Whitsunday Island, the biggest island in the Whitsundays and walk about 20 minutes to Hill Inlet lookout where you will be getting your ICONIC pictures of the swirling sand and the crystal blue water. Once we've got all of our pics for the gram, we will walk down to the beach and go for a refreshing swim.

EVENING We'll them head back to the boat and be taken back to the mainland. Tonight dinner is free choice and we will join back up to join our forces of knowledge and join in on the trivia hosted by Boatys!



**WHITEHAVEN BOAT TRIP &
SNORKELLING ON THE GREAT
BARRIER REEF**



1 x LUNCH



DAY 15

AIRLIE BEACH

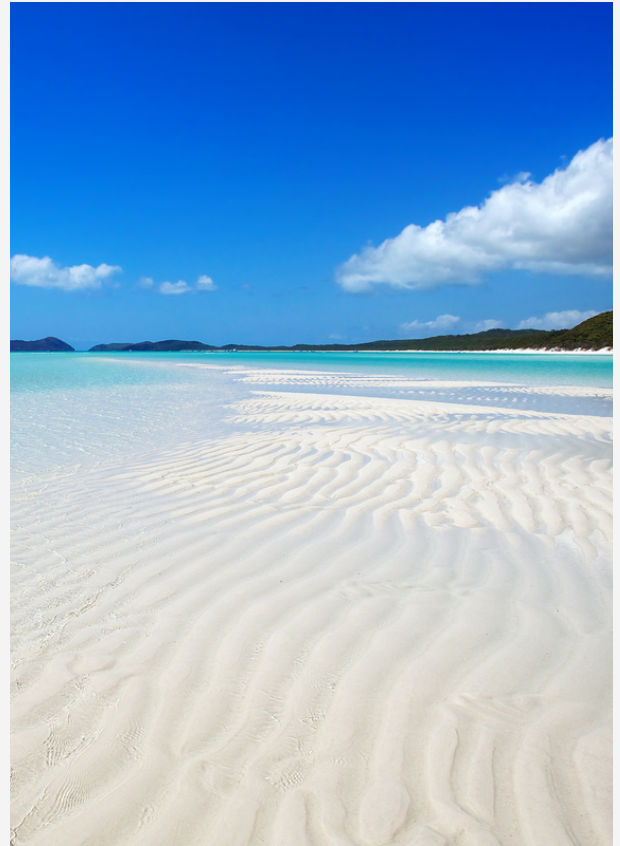
DURING THE DAY BOAT DAY BOAT DAY!!!! Today is our last day together as a fam which is sad but we get to spend it the best way possible!! We get to cruise around the Whitesunday Islands on a Catamaran boat and soak up the sun! Throughout the day we will get to go snorkelling again, visit Langford Island and have a go at banana boating! Today is the perfect day to make future plans of meeting up with our Trufam and reminisce on the past 2 weeks together. We'll be finishing off the day with a sunset sail before we head back to the mainland. Once we head back we will freshen up and get ready for our farewell dinner!



1 x LUNCH



WHITSUNDAY BOAT TRIP & SNORKELLING



DAY 16 CHILLED CHECKOUT

DURING THE DAY It's a day for sore heads and emotional goodbyes as we're at the end of the tour. Fear not though, this may not be the end of your adventure and if not our Travel Ninjas know Oz like the back of their hand and can advise you on what and where to next. If it is time to depart this part of the world then allow yourself to be sad about it, but promise us you'll come back for more? It's a very easy promise to keep in truth. You're now a lifelong member of the TruFam and by now, you'll know how big a deal that is. See you soon!



HELP WITH ONWARD TRAVEL