



If you're looking for the best way to see Sydney and the East Coast of Australia, then our 4 week guided Oz East Coast adventure is for you. Full of incredible experiences, from Sydney's famous beaches and nightlife, to getting surf lessons from real Aussie surfer dudes in the famous Byron Bay. Fraser Island (K'gari) will have you driving a 4x4 on the beach, followed by sailing around the stunning Whitsundays 74 tropical islands. Heading to Magnetic Island, followed by cruising the magical Great Barrier Reef, plus much, MUCH more! You'll have an awesome group leader to guide you along the way, and a great new group of friends to enjoy the trip with. If you're coming to Oz on a Working Holiday Visa, you can get help finding work by upgrading to our Oz East Coast + Work trip with our Oz Jobs Program and get help with finding work and assistance setting you up to live in Oz! Get ready for the trip of a lifetime!

## SYDNEY ➔ CAIRNS

<b>Transport:</b>	Public Coach, Minivan & Ferry
<b>Meals:</b>	8B, 8L, 8D
<b>Group size:</b>	8 - 22
<b>Age Range:</b>	18 - 39
<b>Local Fees:</b>	None

## HIGHLIGHTS

- The iconic Sydney Harbour & stunning beaches
- Surfing lessons with Aussie dudes at Byron Bay
- Experience Surfers Paradise's nightclub scene and party the night away
- See stunning Fraser Island (K'gari) in a 4x4 and sleep under the stars
- Explore the Whitsundays' 74 tropical islands, especially the world famous Whitehaven beach
- See the wild koalas and wallabies on Magnetic Island
- Discover the Atherton Tablelands
- Snorkel the Great Barrier Reef and 2 of its unique outer reef locations by sail boat
- Sort all the important stuff for living and working in Oz, including setting up a bank account, tax file number, medicare and unlimited job finding assistance with our work add-on

## INCLUSIONS

- ✓ Airport Transfer
- ✓ 27 Nights Accommodation
- ✓ 24 Meals
- ✓ All Transport
- ✓ Awesome Group Leader
- ✓ Sydney City Tour
- ✓ Bondi to Coogee Walk & Beach BBQ
- ✓ Surf Lesson
- ✓ Byron Bay Surf Board Hire
- ✓ Yoga class
- ✓ Cape Byron Lighthouse Walk
- ✓ SUP Lesson & Tour
- ✓ Brisbane City Tour
- ✓ 3 Day 4WD Tour of Fraser Island (K'gari)
- ✓ 2 Day 2 Night Whitsundays Sailing Trip
- ✓ 2 Nights Magnetic Island with Ferry Transfers
- ✓ Forts Walk
- ✓ Atherton Tablelands
- ✓ Full Day Snorkelling Great Barrier Reef at 2 Outer Reef Locations
- ✓ Help with Onward Travel

### NOT INCLUDED:

Flights, insurance, visas, extra nights, some meals, drinks





# ITINERARY & IMPORTANT INFO

## DAY 1-3 - WELCOME TO OZ

• **SYDNEY** Once you've landed in Sydney, the included airport transfer will pick you up and take you to our hostel, from there you will get to meet the rest of your travel group! We will spend 2 days exploring Sydney's iconic harbour landmarks and stunning beaches like Bondi with a coastal walk before we start our adventure north!

## DAY 4-6 - SURFS UP!

• **BYRON BAY** The famous surf town of Byron Bay is where we will spend the next 3 nights. Aussie surfer dudes will teach you how to surf, you'll spot dolphins, relax and unwind with morning yoga and a beautiful sunrise walk to Cape Byron Lighthouse.

## DAY 7-8 - BEACHES & PARTIES

• **SURFERS PARADISE** Surfers Paradise is the iconic spot for all your party and city vibes. Get back to nature as you take in the breathtaking views of Surfers Paradise's iconic coastline, paddling through the mangroves and spotting amazing wildlife on a SUP lesson and tour.

## DAY 9-10 - BIG CITY & SUNSETS

• **BRISBANE** Queensland's capital is full of highlights for you to explore. You will get to chill out in 'The Lagoon', the only city man-made beach in Australia.

## DAY 11-15 - 4X4 ISLAND SAFARI

• **NOOSA & FRASER ISLAND (K'GARI)** Noosa is the Aussie holiday favourite, and you're about to find out why. Famous for its laidback lifestyle and stunning beaches, you'll get to experience this as you kickback and relax before heading to Fraser Island (K'gari). You'll be driving your 4x4's around the biggest sand island in the world, and spend the next 3 days on sand dunes and beaches. Our next swim stop is the beautiful turquoise waters of Lake McKenzie, followed by a float down the river of Eli Creek. Indian Heads lookout is our next stop for 360 views of Fraser Island, then we get to chill in the bubbles of the Champagne Pools. You will learn about the history of the Aboriginal culture on the island, spot dingoes in the wild, and see the stars as you sleep in a purpose built campsite with your group. Arriving back in Noosa, we then get to explore the idyllic coastline on our way to the Fairy Pools, an Instagram-worthy spot you won't want to miss.

## DAY 16-19 - SAIL TROPICAL ISLANDS

• **AIRLIE BEACH & WHITSUNDAYS** Once we hit Airlie beach, you'll get to enjoy some free time at the beachfront lagoon, before we begin sailing the stunning Whitsundays, made up of 74 tropical islands. We'll board our boat for the next 2 nights, relaxing and sunbathing on the massive deck as we sail to the outer parts of the Great Barrier Reef. See an abundance of marine life as you snorkel and stand-up paddle board on the fringing reefs. Next up is world-famous Whitehaven Beach, a stunning beach filled with swirls of fine white sand.

## DAY 20-21 - ISLAND EXPLORING

• **MAGNETIC ISLAND** Magnetic Island is our next stop as we jump on a ferry to this tropical paradise. You'll stay in beachfront huts for the next 2 days as you explore this magical island. Hire a car and explore the hidden beaches, as well as hike up the historic Forts Walk, and chill out in your ocean front hammock. You may even spot wild koalas and wallabies!

## DAY 22-23 - HEART-PUMPING ADVENTURE

• **MISSION BEACH** The chilled out beachfront town of Mission Beach is our next relaxation location. It's also filled with adrenaline pumping activities that you may choose to do, from skydiving at 15,000ft over the Great Barrier Reef and rainforests, or white water rafting on the Tully River Rapids through the World Heritage Rainforest.

## DAY 24-28 - GREAT BARRIER REEF

• **CAIRNS** Welcome to the ultimate backpacker adventure hub, Cairns. It's time to tick off a huge bucket list item and spend a full day on the Great Barrier Reef. You'll spend the day sailing and snorkelling unique outer reef locations in this World Heritage listed site.

Exploring the Aussie oasis of the Atherton Tablelands is next for Cairns, where you will swim under waterfalls and dormant volcano craters, and slide down natural rock slides, all while learning about this extraordinary place from your experienced guide. The night will finish with a farewell dinner and drinks to toast to the incredible adventures and friends we have made.

Your epic Aussie adventure ends in Cairns on the morning of day 28, but we are here to help with onward travel or work in Oz for the rest of your time in Australia.

## ARRIVAL INFORMATION

It's best to arrive on the actual start date as there's no activities on day one so you'll have time to check in and meet your group. If you do arrive in Sydney before your start date we will still organise your airport transfer and book you into the hostel from the day you arrive. Extra nights can be pre-paid with your agent or direct with us.

## AFTER OZ EAST COAST ADVENTURE

After Oz East Coast Adventure we'll make sure you're comfortable with what you're doing, where you're going and help you with everything you'll need to have the trip of a lifetime with the new friends you've made.

## VISAS

You need a visa to enter Australia. Most people who do Oz East Coast Adventure are on either a Tourist Visa or a Working Holiday Visa if they are doing the Oz Jobs add-on.

Please refer to our [Important Stuff](#) page for all up to date visa information for Australia or contact us if you need any help.

## TRAVEL INSURANCE

Although Australia is a relatively safe place, it is important that you cover yourself for the unexpected by arranging travel insurance before you go. Travel insurance is compulsory for this trip and you can organise a quote and policy for yourself [here](#).

## OZ JOBS PROGRAM

By doing Oz East Coast Adventure with the Work add-on you don't need to worry. We'll give you everything you need to find work in Australia including exclusive access to our own Oz Jobs Program.

**Before You Start:** We'll help sort all the important things you'll need before you start working in Australia. We'll assist you with opening up a local bank account for you with [Wise](#), along with a SIM card, tax file number and assist with Medicare.

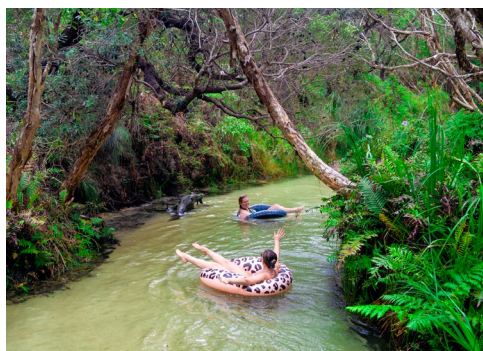
**Training Courses:** Certain jobs such as bar work and construction require you to complete specific training. We'll explain what's needed and can book you onto all necessary training courses after Oz East Coast Adventure.

**Oz Jobs Program:** With the Oz Jobs Add-on you'll get a lifetime membership to our Oz Jobs Program. This includes exclusive access to our INTRO Jobs App, where we post lots of great job opportunities everyday from our Australia wide network of employers.

**Unlimited Help & Advice:** Your group leader will give you a comprehensive 'Work in Oz' presentation, as well as one on one advice and support on CV building, job finding, interview skills and anything else you'll need to secure a great job in Australia.

**Australia Wide Support:** We have friendly staff in our Australian offices that will be there to support you and help you find work for the entire time you're in Oz.

**Farm Work & 2nd & 3rd Year Visas:** If you do 88 days of regional or farm work in Australia you can apply for a 2nd Working Holiday Visa. We'll give you lots more info on this during Oz East Coast Adventure, will help you find farm work and will also help you apply for your 2nd Year Visa.





# ACCOMMODATION GUIDE

## SYDNEY - NOMADS SYDNEY HOSTEL

2 NIGHTS

Popular hostel with a nice bar, right in the heart of Sydney.

Multi-Share Rooms

Ensuite

WiFi

Kitchen, Dining Area & Laundry

## OVERNIGHT BUS

2 NIGHTS

A comfy ride and great journey.

Air Con

Toilet Onboard

## BYRON BAY - WAKE UP HOSTEL

3 NIGHTS

A trendy hostel across from the beach.

Multi-Share Rooms

Shared Bathrooms

WiFi, Air Con & Laundry

Swimming Pool

## SURFERS PARADISE - BUNK HOSTEL

2 NIGHTS

Stay in the heart of the Gold Coast!

Multi-Share Rooms

Shared Bathrooms

WiFi, Air Con & Laundry

Swimming Pool





## BRISBANE - BUNK HOSTEL

2 NIGHTS

Popular hostel close to all the nightlife.

Multi-Share Rooms

Shared Bathrooms

WiFi, Air Con & Laundry

Kitchen, Dining Area & Laundry



BRISBANE

## NOOSA - NOMADS NOOSA HOSTEL

2 NIGHTS

Situated in the heart of Noosa.

Multi-Share Rooms

Shared Bathrooms

WiFi, Air Con & Laundry

Bar



NOOSA

## FRASER ISLAND (K'GARI) - CAMPING

2 NIGHTS

Camp on the largest sand island in the world!

Shared Tents

Shared Bathrooms



FRASER ISLAND (K'GARI)

## AIRLIE BEACH - BASE HOSTEL

2 NIGHTS

Funky hostel with tropical vibes!

Multi-Share Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool, Bar & Restaurant



AIRLIE BEACH



## WHITSUNDAYS - PREMIUM BOAT

2 NIGHTS

Bucket list experience with stunning views!

Multi-Share Rooms

Shared Bathrooms

The best way to experience the Whitsundays!



WHITSUNDAYS

## MAGNETIC ISLAND - BASE HOSTEL

2 NIGHTS

Located right on the beach.

Multi-Share Rooms

Shared Bathrooms

WiFi, Air Con & Laundry

Island Bar



MAGNETIC ISLAND

## MISSION BEACH - MISSION BEACH RESORT

2 NIGHTS

Nestled amongst a tropical rainforest.

Multi-Share Rooms

Shared Bathrooms

WiFi, Air Con & Laundry

Swimming Pool & Bar



MISSION BEACH

## CAIRNS - GILLIGAN'S HOSTEL

4 NIGHTS

The most popular hostel in Cairns!

Multi-Share Rooms

Ensuite

WiFi, Air Con & Laundry

Swimming Pool



CAIRNS

### IMPORTANT NOTE



The accommodation featured in this document is our usual properties. At certain locations we use alternative accommodation (of equal standard) when needed.

# #SMALLCHANGE

## SUSTAINABLE TRAVEL



**PROTECTING THE ENVIRONMENT**



**SUPPORTING LOCAL COMMUNITIES**



**CULTURAL EXCHANGE & EDUCATION**



**ANIMAL WELFARE**

Making a positive difference to the amazing destinations we travel is at the core of what we do. Small Change is our own socially conscious initiative aimed at making the world that little bit better place to explore! Click [here](#) to learn more!



**WE'RE PLANTING 10 TREES FOR EVERY INTRO TRAVEL BOOKING!**

## FAQS



### DO MANY PEOPLE TRAVEL ALONE?

Yes. Lots of people on our trips are travelling solo. But by doing our trip you'll instantly be part of a group, so it's a great way to meet others and make friends!



### CAN I CHAT TO MY GROUP BEFORE I LEAVE?

You can start chatting to people in your group and other travellers before you leave. Just go to our Facebook page, click on 'Groups' and choose [Australia](#).



### WHEN IS THE BEST TIME TO VISIT AUSTRALIA?

It's always a good time to go backpacking in Australia! It's generally quite hot in most parts of the country for the majority of the year except for the southern half of Australia during winter (June, July & August). But because Australia is such a big country when it's cold down south most people will head north and follow the sun!



### IS THERE WI-FI THROUGHOUT THE TRIP?

Most accommodations we stay at have free Wi-Fi available. Australia's Wi-Fi network is usually quite good.



### WHAT LUGGAGE DO YOU RECOMMEND?

We always recommend travelling with a backpack and packing light! 15-20kgs of stuff should be plenty. Australia is a BIG country so dragging around a huge bag is not fun.



### DO I NEED A DRIVERS LICENSE?

To drive on Fraser Island (K'gari), you'll need to be over 21 years old with a full driving license and 3 years driving experience and will have to show your drivers license at the safety briefing at the hostel.



### WHAT IS A WORKING HOLIDAY VISA

A Working Holiday Visa allows you to stay in Australia for up to 12 months. You are legally allowed to work with a WHV for each employer for up to 6 months, or 12 months in two different locations. Once your visa has been approved you have 12 months to use it. You must be aged 18-35. For more information on WHV, click [here](#).



### DO I NEED A CERTAIN AMOUNT OF MONEY TO ENTER AUSTRALIA?

You should have sufficient funds to support your trip. If you're on a WHV or have a return ticket out of Australia, then it's unlikely you'll be asked to show evidence. However, it is a good idea to have at least \$4,000AUD.



### WHAT IS THE BEST WAY TO ACCESS MY MONEY?

If you're going to be working in Oz then you'll need an Aussie bank account. To open your bank account just go to the ['Manage My Booking'](#) section of our website. Your bank account will be set up with [Wise](#). Australian employers will be able to pay you through this and you'll be able to use the Wise card to pay for things and withdraw cash at ATM's. If you transfer your money from home into Australian dollars you can avoid paying foreign exchange fees when you use the card.



### TERMS & CONDITIONS

For the full set of Terms and Conditions for our tours, start dates, and your responsibilities as a traveller with us, please see the [Terms & Conditions](#) section of our website.

### That's about it for now!

Once you've booked you'll get access to 'Manage My Booking' and the INTRO Travel App, which will give you all the information you'll need on Australia and Oz East Coast Adventure, so you can just relax and enjoy the experience.

*Of course if you have an more questions just contact us. We're happy to help!*